

Professional and Continuing Education



CommUniversity 2025
Mental Health Conference
Health and Wellness
Professional Development/
Continuing Education

Technology
Community Education
Online Learning
The Younger Generation
Lifelong Learner Lunches

DAY, EVENING, WEEKEND AND ONLINE CLASSES AVAILABLE!

www.bhc.edu/pace

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Business Training Center



For additional information or to register for classes, call 309-796-8223 or go to www.bhc.edu/pace

April is Community College Month!

To celebrate, PaCE is offering free and discounted opportunities!

Cannabis Certificate Programs

\$100 off if you register during the month of April

Cannabis Cultivation Specialist
Certificate | page 17

Cannabis Retail Specialist
Certificate | page 17

Cannabis Extraction & Product
Development Specialist
Certificate | page 17

Free Workshops in the Month of April!

Adult Mental Health First Aid USA Training | page 9

Autism Workshop | page 10

Career Exploration: Phlebotomy & EKG | page 12

Genealogy Group | page 32

Community Guitar Workshop | page 35

Smartphone Photography | page 24

Songwriting 101 Workshop | page 34

Youth Mental Health First Aid USA Training | page 9

Free Headshot Sessions

Update your LinkedIn, email profile, or portfolio with a new photo! Open to BHC students, staff, and instructors in celebration of Community College Month. *Please bring your email address*.

Black Hawk Outreach Center - Room 407 - Tuesday, April 15 from 11a.m. to 1p.m.

Black Hawk QC Campus - Library - Thursday, April 17 from 11a.m. to 1p.m.



CommUniversity offers classes in diverse areas including arts/humanities, personal enrichment, regional studies and theology/spirituality. Since 1979, thousands of students have participated in this annual community program.

CommUniversity is available to anyone 18 and older.

4 Sundays February 2, 9, 16, & 23 2:00 – 4:00 p.m. Program Fee \$40

Select one class which will meet all four Sundays.

To register, call 309-796-8223 or go to <u>www.bhc.edu/CU</u>

If you need accommodations due to a disability to participate, please contact BHC Disability Resources & Access (309) 796-5900. A one-week advance notice of accommodation needs is recommended.

Last day for a refund: Friday, January 24 Last day to register: Thursday, January 30

IN-PERSON CLASSES

Classes will meet at the Black Hawk College Moline Campus.

Beginning Crocheting

Instructor: Gricelda Garcia, Black Hawk College

Crocheting is fast, fun and increasingly popular. In this class, you will learn the basic stitches to make a dishcloth, chain stitch, single crochet, half-double crochet, double crochet and triple crochet. Please bring to class a 2.5-ounce skein of 100% cotton yarn (such as Peaches and Cream) in any color, a size H or I crochet hook, a blunt darning needle and sharp scissors. Patterns will be provided as part of the class.

In-Person Class ID 2362

IN-PERSON CLASSES (continued)

Classes will meet at the Black Hawk College Moline Campus.

The Shamanic Journey

Instructor: Kathleen Collins, licensed mental health counselor This is an experiential workshop introducing core shamanism and the concept of journeying to discover power animals and spiritual teachers who can forever help you in life! This is FUN! This is considered one of the most remarkable visionary methods used by mankind to explore the hidden universe. Drumming will allow all your dormant spiritual abilities to awaken! You can continue this work alone after the workshop, so you will always be able to gain spiritual wisdom and live life clearly with power and strength! Bring a notebook and pen, a blanket and an eye cover and wear comfortable clothing!

Rock Stars of Ancient Egypt

Instructor: Brian Alm, member of the American Research Center in Egypt and the Institute for the Study of Ancient Cultures at the University of Chicago

Let's look into the lives and affairs of some of ancient Egypt's most interesting and illustrious characters – not just kings and deities, but also some powerful and influential women who themselves were monarchs. Along the way we will cover the Egyptian culture in all its grandeur – the pyramids, tombs and temples, art and architecture, literature, religion and mythology, but most of all, the ideas and concepts, that together make Egypt the most fascinating of all ancient civilizations. Plus, we'll take a virtual tour of the main sites and field travel questions for those who may be contemplating a visit.

In-Person Class ID 2364

Disciples of the Disciples: The Writings of the Apostolic Fathers

Instructor: Fr. Panayiotis (Peter) Hasiakos, Assumption Greek Orthodox Church

Join us to study and discuss some of the earliest Christian writings after the New Testament. Authors of these important texts will include Ignatius of Antioch (d. ca. 117-140 AD) and Polycarp of Smyrna (d. ca. 155-160AD), both of whom were, according to tradition, direct disciples of the Apostle and Evangelist John. The edition we will be using contains brief introductions to each work, followed by an English translation with a facing-page in original Greek text. The course will be taught from a faith-oriented perspective but will seek to facilitate discussion that is meaningful to participants of a variety of backgrounds and faith traditions. Students need to purchase (or check out from a local library) a copy of Michael W. Holmes, ed. "The Apostolic Fathers: Greek Texts and English Translations." (Grand Rapids: Baker Academic, 2007). ISBN # 978-0-8010-3468-8

In-Person Class ID 2366

To register for CommUniversity, complete the registration form on page 47, or call 309-796-8223, or go to www.bhc.edu/CU

IN-PERSON CLASSES (continued)

Classes will meet at the Black Hawk College Moline Campus.

Introduction to Tai'Chi Ch'uan

Instructor: Susan Zelnio

Tai'Chi Ch'uan is a system of Chinese Kung fu. These slow-motion, rounded, balanced movements are practiced by people of all ages around the world for self-defense and to achieve physical, mental, and spiritual well-being. *Please wear loose-fitting clothes for this moving meditation*.

In-Person Class ID 2367

Sound Healing with Gongs, Bowls, Tuning Forks, and More!

Instructor: Anthony Hernandez

Students will learn through experience the power of sound healing individually, and in a group will experience group sound healing at each class. Sound healing has been used for millennia to help put the body in a state of rest, relaxation, and ease to help facilitate healing of all kinds of bodily and emotional ailments, and is making a powerful return! Please bring a pillow, yoga mat or blanket to lay on. Bring an eye cover or blanket for your body (if desired).

In-Person Class ID 2368

Have Fun, Play the Ukulele!

Instructor: Erin Mahr, Black Hawk College

Learn to play ukulele! The first class will review ukulele basics, and then additional classes will have themes such as Valentine's, The Beatles, and requests from the class! If you own a Soprano, Concert, or Tenor Ukulele please bring it with you. Email mahre@bhc.edu if you are using a baritone ukulele to provide the appropriate materials. If you do not own a ukulele, the instrument will be provided to you to borrow at each class with the option to purchase at the end of the fourth session.

In-Person Class ID 2369

Cassandra, or What Troy Can Teach Us

Instructor: Dr. Tamara Felden

Is a vision of the future a mystic insight derived from supernatural sources or simply the disciplined analysis of existing circumstances and their inevitable consequences? In her novel "Cassandra," one of Germany's most celebrated – and controversial – authors, Christa Wolf, examines this question. Writing on politics while successfully evading East German censors, revisiting our cultural foundations in antiquity, examining the role of women in a patriarchy, and presenting us with a character facing the inevitable outcome of what others have wrought, all make this short text a tour-de-force for the reader. Written more than 40 years ago, it offers a remarkable perspective on our own time. Students will need a copy of the book "Cassandra. A Novel and Four Essays," Translated by Jan Van Heurck, 1984, paperback by Noonday Press, ISBN 0374519048. In-Person Class ID 2370

Last day for a refund: Friday, January 24
Last day to register: Thursday, January 30

Chess

Instructor: Ian Malmstrom

For beginners to advanced players, come and learn chess in a fun and interactive way. You will discover how to play the game, including general rules, strategies and tactics, and different attacks. Go back to medieval times to explore the history of chess. Chess boards and pieces will be provided.

In-Person Class ID 2371

Positive Psychology

Instructor: Dr. William Hampes, Black Hawk College, professor emeritus

The class will focus on Positive Psychology, the branch of psychology that studies the virtues that enable individuals to thrive and to live meaningful and satisfying lives. The course will explore the six virtues (wisdom, courage, humanity, justice, temperance and transcendence) with examples from numerous films including "To Kill a Mockingbird," "It's a Wonderful Life" and "The Shawshank Redemption."

In-Person Class ID 2372

Navigating the Digital World

Instructor: Sanchia Sommer, Black Hawk College

You don't need to keep up with the Kardashians, but you can communicate using these apps efficiently. Join us in learning to utilize Facebook (Meta), Instagram and Snapchat apps with millions of active users. These apps can be used for keeping in touch for business and commerce! You can find ways to use these digital tools and tips for online safety. You will also learn how to edit your photos and send them directly from your phone to a business, such as Walgreens, Walmart or an online service to be developed. We can look at using the apps on a phone or tablet. Bring your charger and digital device and we can help with the rest!

In-Person Class ID 2373

Rock Island County — Transformation to Settled Land

Instructor: Regena Schantz, local historian

Anticipating the removal of the Sauk and Mesquakie from their land between the Mississippi and the Rock River, would-be settlers and investors quickly made claims to what would become Rock Island County. We will explore events between 1829 and 1841 that led to county development.

In-Person Class ID 2374

Culture, Faith and Cuisine: A Tour of Islam and Muslims Around the World

Instructor: Dr. Lisa Killinger, Muslim Community of the QC We will explore three to four distinct regions influenced by Islam and the uniqueness of the culture and cuisine of each area. We will start with some common ground of these regions due to their faith practices, then set out on a journey that will take some of us to the Middle East, Indo-Pakistani subcontinent, Africa and time permitting, the Balkans.

In-Person Class ID 2375

IN-PERSON CLASSES (continued)

Classes will meet at the Black Hawk College Moline Campus.

A Brief History of World Sculpture

Instructor: Dr. Annette LeZotte, Black Hawk College, art historian

This class will explore masterpieces of sculpture from the ancient world all the way up to the present day. In addition to examining the original historical context of the works, we also will discuss contemporary controversies including repatriation of pieces removed from their countries of origin and the removal of works deemed offensive or aesthetically unappealing.

In-Person Class ID 2376

American Sign Language

Instructor: Hershel Jackson, Black Hawk College

Learn enough basic signs, finger spelling and sign language syntax to be able to express and understand simple concepts in American Sign Language (ASL). You will be able to sign a simple conversation/dialog with others. Students need to purchase "A Basic Course in American Sign Language 2nd Edition" by Tom Humphries, Carol Padden and Terrence J. O'Rourke ISBN: 978-0932666420

In-Person Class ID 2377

Basic Spanish

Instructor: Jay Thornton, retired teacher

Basic Spanish requires no previous knowledge of Spanish. Greetings, beginning conversation, counting, expressions, etc. are taught to give you a beginner's ability in Spanish. There will be games and activities to make learning fun.

In-Person Class ID 2378

Basic Drawing Principles and Sketchbook Drawing

Instructor: Debra Beyerlein, local artist

Drawing is "thought with a line around it." You can draw! You don't need to compare yourself to any others, it reduces your confidence. Enjoy your artistic experience and it can give you years of pleasure. Begin with simple tasks and keep going! This class will include basic information of materials and art processes, practice and weekly projects. We will cover basic drawing and still life, linear perspective, gridding and the face, and portraiture information. A \$5 materials fee is payable to the instructor at the first class.

In-Person Class ID 2379

Paper Crafting With Becky

Instructor: Becky Pilcher, local artist

Enjoy your time learning to make projects using paper. This class will include making different cards and a special project during each class. These are projects you can make for yourself or as gifts for others. A \$15 materials fee is payable to the instructor at the first class.

In-Person Class ID 2380

Celtic Spirituality, An Ancient Wisdom for Today

Instructor: Dr. Pat Shea, Augustana College, professor emeritus Celtic spirituality is one of many indigenous spiritualities that opens the door to a deep wisdom and sustaining encouragement to seek a way of living in peace and respect for human beings and all beings of dear Mother Earth. Over the four weeks we will explore some of the gifts of Celtic spirituality that enrich and support our living in and through today's many challenges and blessings. The explorations include learning about and learning in experiences.

In-Person Class ID 2381

Introduction to Quilling

Instructor: Ranjani Gopikrishna

Quilling – also known as paper filigree or paper scrolling – technique dates back centuries. The origin of this technique first used gold and silver rolled into coils to decorate vases and pieces of jewelry. With the emergence of paper, it took a different dimension in the 14th century. This nearly forgotten art form has gained more popularity in recent years. This is an easy-to-learn art form compared to other crafts. With the available tools and resources, anyone can learn the basic quilling techniques and create mind-blowing art forms. Join us and create art using strips of paper. A \$25 materials fee for the kit is payable to the instructor the first day of class.

In-Person Class ID 2382

Photography: Black and White or Color?

Instructor: Trent Foltz, Trent Foltz Photography

If you are a photographer of landscapes, still lifes or people, the conversation can quickly turn to, "Would it look better as a black-and-white or color image?" In this digital world we capture our images in color and then have to make the decision, "Should it stay color, or should it be converted to black and white?" This class will address that question and hopefully make the choice easier, or at least get you thinking about it. Through class discussions and comparing images, the goal is to start a constructive conversation and compare the differences and similarities between the two. Students should bring in images to be used for the discussions. Realtime conversions will happen in class. A basic understanding of Photoshop is needed for this class.

It's the End of the World as We Know It... and I Feel Fine!

Instructor: Jay Swords & Brett Monnard, Black Hawk College This class is intended to help you prepare for, survive and eventually thrive in the aftermath of a major crisis. We'll use Zombie infestations and other Apocalyptic events because they're cool, but the skills and abilities you'll learn in this class will help you make it through any major catastrophe, be it flood, earthquake or pandemic. You'll even learn how to start the process of rebuilding civilization if the inconceivable were to happen.

In-Person Class ID 2384

VIRTUAL CLASSES

Students will attend the classes virtually via Zoom. During the week of January 27th, you will receive a Zoom link.

Writing the Amazing One-Act Play!

Instructor: Dan Haughey, Black Hawk College, professor emeritus and playwright

Prerequisite: English composition skill to write a short paragraph. Want to write your own short play for fun, publication, children, or an actual stage production? Do you enjoy storytelling? You will practice a process for writing an amazing short play that reflects your interest, serious and/ or humorous: new historical, biographical or modern plays encouraged. Students will have an opportunity to share their work with others. This is a hands-on, introductory course. A welcoming, positive learning space will be cultivated. Virtual Class ID 2385

Unfamiliar with Zoom? We will send you step-by-step instructions how to use Zoom.

A Modern History of Iran/U.S. Relations from 1945-the Present

Instructor: Dr. Art Pitz, Black Hawk College, professor emeritus and presenter

Join us as we examine the Pahlavi dynasty which lasted until its overthrow by Ayatollah Khomeini. In this time period the U.S. was primarily involved in competition with the U.S.S.R. and the politics of oil. This led to a CIA sponsored coup in 1953 that is still controversial. We will also cover the Iranian revolution, the hostage crisis, and the Iraq/Iran War. We will discuss multi-lateral negotiations that put the Iran nuclear plans on the shelf by hard sanctions against Iran by all participants in the negotiations. What were the interests of each participant and why the deal was made as it was will be explored. We will discuss the decision of the Trump administration to keep the U.S. out of the deal despite the efforts of all of the other participants to remain in a deal that they believed was working. How well did the American withdrawal work out? We will cover that, the efforts of the Biden administration; and attempt to project the future. Virtual Class ID 2386



Lifelong Learner Lunches

If you require a gluten free or vegetarian option, notify the PaCE Department at 309-796-8223 before the last day to register for the lunch.

A Great Treasure in Rock Island: The Hauberg Estate

Presenter: Dr. Annette LeZotte, Black Hawk College, art historian

In 1956, the family of Denkmann-Weyerhauser lumber company, heiress Susanne Denkmann and her husband John Hauberg, gifted their home to the City of Rock Island to be used as a civic center. In 2016, the non-profit Friends of the Hauberg Civic Center Foundation was organized to oversee the preservation and sustainability of the house and grounds. Come learn about the past, present and future of this magnificent treasure!

Date: Thursday, March 6

Lunch: 11:30 a.m. with presentation to follow.

Last day to register/receive a refund: Feb. 26

Location: Quad City Botanical Center, 2525 4th Avenue, Rock Island

Fee: \$25 (Fee includes admission to the Botanical Center)

In-Person Class ID 2387

On The Road Again!

Presenter: The Bishop Hill Heritage Association

The Bishop Hill Heritage Acting Troupe is on the move again! Those 1850 Swedish Colonists, after being on the ocean in a tall ship, then Erie Canal boats, are walking from Chicago to their new home in communal Bishop Hill, Illinois. Many experiences take place along the way with these Swedes that have not mastered the English language! What will their jobs be in the newly settled village? Will cholera find their trail? Has Brita weakened and allowed Sven to join her? Will Anna, at last, find that sought-after husband?

Date: Thursday, April 10

Location: Quad City Botanical Center, 2525 4th Avenue, Rock Island

Location: Quad City Botanical Center, 2525 4th Avenue, Rock Island

Fee: \$25 (Fee includes admission to the Botanical Center) **Lunch:** 11:30 a.m. with presentation to follow.

In-Person Class ID 2388 Last day to register/receive a refund: Apr. 2

First Test: Rock Island Arsenal and the Spanish-American War

Presenter: S. Patrick Allie, Director, Rock Island Arsenal Museum

Following the sinking of the USS Maine in Havana Harbor, Cuba in February of 1898, the United States found itself at war with Spain. The newly completed Rock Island Arsenal was called on to support the war, the first major conflict it had ever responded to. Rock Island Arsenal Museum Director, Patrick Allie, will share the incredible history of the Arsenal during this war, and the ways it provided supplies, equipment and arms to the American warfighter.

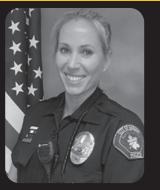
Date: Thursday, May 8

Lunch: 11:30 a.m. with presentation to follow.

Fee: \$25 (Fee includes admission to the Botanical Center) Last day to register/receive a refund: Apr. 30

In-Person Class ID 2389

Empowerment Through Awareness Mental Health Conference



Keynote Speaker Detective Jamie Shoemaker



Stephanie Phares

Jessica Ramos



Autumn Gonzalez



Thomas Reagan



Joe Landen



Hawk College

March 14, 2025

8:00 a.m. - 4:00 p.m.

Black Hawk College 6600 34th Ave., Moline, IL Bldg. 1 - Room 308

Public: \$40 Registration Fee - Class ID 2390 BHC College Credit Students: \$20 Registration Fee - Class ID 2391 Registration Fee includes light breakfast, lunch, and a professional certificate of attendance.

> To register online, go to www.bhc.edu/pace Last day for refund: Thursday, February 27 Last day to register: Thursday, March 6 For questions, call 309-796-8223.

Conference Schedule

Join us for "Empowerment Through Awareness", a conference dedicated to promoting mental health and wellbeing. Learn about holistic approaches, brain and body health, suicide awareness, and much more from experts and local community leaders.

8:00 a.m. Registration

8:45 a.m. Making an IMPACT on your community

Detective Jamie Shoemaker, Geneseo P. D.

10:00 a.m. Interoception: Tuning into You to Manage Stress & Anxiety Stephanie Phares, HSc, MOTR/L

11:00 a.m. Understanding Mental Health and Wellbeing, **Utilizing Bodily Systems and Relational Framework**

Breann Hirst, LISW, LCSW

12:00 p.m. Lunch (provided)

1:00 p.m. The Transformative Power of Sound Healing,

Jessica Ramos, MsED, QMHP &

Autumn Gonzalez, LCPC, MHC, CAADC

Bridging the Gap: Supporting Veteran and 2:00 p.m.

Military Students' Mental Health,

Thomas Reagan, M.S. and

Joe Landen, U.S. Air Force (Retired)

3:00 p.m. Creating a Community of Change, **Kevin Atwood, Foster's Voice**

Professional and Continuing Education credits (5.25 hours awarded): A certificate of attendance will be prepared for all registrants. Consult your governing rules to determine if appropriate subject matter criteria will apply to credit hours and check with your issuing state or licensure board for approval.

Health and Wellness



Community Health

Adult Mental Health First Aid USA Training Presented by Bridgeway

This course is designed to teach the community and professionals how to respond when a person is developing a mental health problem or experiencing a mental health crisis.

Please note - This course does not teach how to diagnose or counsel, but how to help a person needing early intervention or crisis assistance.

Participants will:

- Understand the prevalence of mental illness in the United States.
- Understand the importance of stigma reduction.
- Learn risk factors and warning signs of specific illnesses such as anxiety, depression, self-injury, eating disorders, psychosis and addiction.
- Engage in experiential activities that build understanding of the impact of illness.
- Learn a five-step action plan encompassing the skills, resources and knowledge to assess the situation, to select and implement appropriate interventions, and to help the individual in crisis connect with the appropriate professional care.

Manual and lunch included.

Prior to the training, you will receive an email with instructions to complete pre-work online. If this pre-work is not completed, you will not be able to attend the training.

1 Friday Apr. 11 8:30 a.m. - 5:00 p.m. Bldg. 1 - Rm. 404 Fee FREE

In-Person Class ID 2393 Last day to register: Mar. 28

The session is FREE; however, registration is required.

Professional Continuing Education Credits: 8 CEs provided for social workers, nursing home administrators, dietitian/nutrition counselors, physical therapists and physical therapist assistants through the State of Illinois.



Black Hawk College - Outreach Center (Outreach) 301 Avenue of the Cities, East Moline

Black Hawk College - Building 1

6600 34th Ave., Moline

Youth Mental Health First Aid USA Training Presented by Bridgeway

Youth Mental Health First Aid is designed to teach the community and professionals how to respond when a youth is experiencing a mental health problem or a mental health crisis. The class is primarily designed for adults who regularly interact with youth ages 12-18. Gain knowledge of the potential risk factors and warning signs for a range of mental health problems, including depression, anxiety, psychosis, substance abuse disorders, self-injury, disruptive disorders (including ADHD) and eating disorders. Learn a five-step action plan encompassing the skills, resources and knowledge to assess the situation, to select and implement appropriate interventions, and to help the individual in crisis connect with appropriate professional

Please note - This course does not teach how to diagnose or counsel, but how to help a person needing early intervention or crisis assistance. Manual and lunch included.

Prior to the training, you will receive an email with instructions to complete pre-work online. If this pre-work is not completed, you will not be able to attend the training.

1 Friday Apr. 25 8:30 a.m. - 5:00 p.m. Bldg. 1 - Rm. 404 Fee FREE

In-Person Class ID 2394

Last day to register: Apr. 11

The session is FREE; however, registration is required.

Professional Continuing Education Credits: 8 CEs provided for social workers, nursing home administrators, dietitian/nutrition counselors, physical therapists and physical therapist assistants through the State of Illinois.



The PaCE Department at Black Hawk College is an approved provider of continuing education credits in the State of Illinois for the following professions:

Nursing Home Administrators
Physical Therapists
Physical Therapist Assistants
Social Workers
Dietitian/Nutrition Counselors

Health and Wellness

Autism Workshop

Presenter: M. Smyth, Director of the QC Autism Center (OCAC)

Join us to learn about the Quad Cities Autism Center (OCAC) and the evidence-based treatment they provide to children, ages 2 to 10 years old. QCAC is a not-for-profit organization located in Moline, Illinois that has provided Applied Behavior Analysis (ABA) therapy to children in the Quad Cities and outlying areas for the past 17 years.





Learn about the diagnostic criteria, definitions, and "red flags/symptoms" of autism. This presentation will also include a brief introduction to basic principles of ABA with emphasis on B. F. Skinner's Verbal Behavior and will focus on the key components of instruction from several curriculums the QCAC is currently utilizing to teach communication, cooperation, and toleration skills to the children they serve.

Apr. 28 1 Monday 6:00 - 8:00 p.m. Outreach - Rm. 204 Fee FREE

In-Person Class ID 2395

The session is FREE; however, registration is required.

Alzheimer's Awareness

Presenter: Alzheimer's Association

Join us as we learn what resources are available if you or a loved one has been diagnosed with Alzheimer's or if you are a caregiver and how the Alzheimer's Association can help.

All sessions will be held via Zoom.

Managing Money

This Alzheimer's Awareness program will feature tips for managing someone else's finances, how to prepare for future care costs, and the benefits of early planning. 1 Monday Feb. 10 1:00 - 2:30 p.m. Virtual Class ID 2396 Fee FREE The session is FREE; however, registration is required.

Healthy Living for Your Brain and Body: Tips from the Latest Research

Learn about research regarding Alzheimers in the areas of diet and nutrition, exercise, cognitive activity, and social engagement while using hands-on tools to help incorporate these recommendations into a plan for healthy aging.

1 Monday Feb. 24 1:00 - 2:30 p.m. Virtual Class ID 2397 Fee FREE The session is FREE; however, registration is required.





End-of-Life Doulas

Instructor: B. Nakashima Brooke, Certified End of Life Doula

Learn about end-of-life doulas, also known as EOLDs. These dedicated professionals offer comprehensive, non-medical assistance and solace to individuals who are either preparing for or currently undergoing their end-of-life journey. EOLDs provide a wide range of services, including education, emotional and social support, spiritual guidance, logistical and practical aid, and continued assistance both prior to and following the passing. End-of-life doulas play a crucial role in augmenting and enhancing the care provided by family members and other caregivers, including hospice providers.

1 Monday Mar. 10 2:00 - 3:30 p.m. Fee \$21 Outreach - Rm. 406

In-Person Class ID 2398

Last day to receive a refund: Mar. 4

1 Tuesday Apr. 15 6:00 - 7:30 p.m. Outreach - Rm. 104 Fee \$21

In-Person Class ID 2399

Last day to receive a refund: Apr. 9

Caring for Older Adults & Adults With Disabilities

Presented by: Alternatives

Alternatives for the Older Adult promotes the independence and quality of life of older adults and their families. Do you take care of an older adult or an adult with disabilities? In this free session presented by Alternatives, you will learn about care coordination, caregiver support, ombudsmen, adult protective services, and assisting with money management. Alternatives is designated by the State of Illinois as the lead advocate to find solutions for older adults (over age 60), adults with disabilities (ages 18-59) and their families in Rock Island, Henry and Mercer counties.

1 Monday Apr. 7 10:00 a.m. - Noon

Outreach - Rm. 204 Fee FREE

In-Person Class ID 2400

The session is FREE; however, registration is required.

Mindfulness Meditation

Instructor: Dr. D. Mizener, Ed.D.

This course is a practical guide to developing the skill of mindfulness and applying it to every aspect of daily life. Practicing mindfulness over time reveals and develops the qualities of wisdom and compassion. The foundational technique for cultivating mindfulness is the practice of meditation. Each week you will learn how to become more mindful and practice various mindfulness meditations.

The class will be held via Zoom.

4 Wednesdays Jan. 15 - Feb. 5 6:00 - 7:00 p.m. Virtual Class ID 2047 Fee \$35

Last day for refund: Jan. 9

4 Wednesdays Feb. 12 - Mar. 5 6:00 - 7:00 p.m. Virtual Class ID 2401 Fee \$35

Last day for refund: Jan. 30

4 Wednesdays Apr. 2 - Apr. 23 6:00 - 7:00 p.m. Virtual Class ID 2402 Fee \$35

Last day for refund: Mar. 27

Professional Continuing Education Credits: 4 CEs provided for social workers, nursing home administrators, physical therapists and physical therapist assistants through the State of Illinois.

AHA Heartsaver First Aid/CPR/AED

Instructor: J. Hines

The American Heart Association's Heartsaver First Aid CPR AED Course is designed for anyone with little or no medical training who needs a course



completion card for their job, regulatory requirements (e.g., OSHA), or anyone who wants to be prepared for an emergency in any setting. This course trains participants to provide first aid, CPR, and use an automated external defibrillator (AED) in a safe, timely, and effective manner. This includes adult and child CPR and AED use, and infant CPR. Fee includes manual and Heartsaver First Aid CPR AED e-card.

1 Wednesday Mar. 19 4:30 - 9:30 p.m.
Outreach - Rm. 407 Fee \$85

In-Person Class ID 2403 Last day for refund: Mar. 14

Lunchtime Yoga

Intructor: D. Skelton, C-RYT 200

Join this six-week yoga class that is great for beginners or advanced practitioners. Classes will be a gentle yoga flow where you will leave feeling more relaxed and less tense. Take this time for yourself and decrease the stress in your life! Wear comfortable clothing that allows ease of movement. Bring a yoga mat or towel to class.

6Thursdays Mar. 20 - Apr. 24 12:00 - 1:00 p.m. Bldg. 1 - Rm. 304 Fee \$49

In-Person Class ID 2404

Last day to receive a refund: Mar. 14

Chair Yoga

Intructor: D. Skelton, C-RYT 200

When you think of a yoga class, do you imagine flexible people bent into all sorts of impossible shapes no human should be able to do? If so, then you'll be surprised to learn of a yoga that can be practiced from the comfort of your own chair! Perfect for all levels and ages, chair yoga is a great way to relax from head to toe. Learn a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support. Whether you are looking to try yoga for yourself or to learn some techniques that will benefit your patient care practice, this is the perfect class for you! Wear comfortable clothing that allows ease of movement.

4 Fridays Feb. 7 - Feb. 28 9:00 - 10:00 a.m.
Outreach - Rm. 406 Fee \$35

In-Person Class ID 2405

Last day to receive a refund: Feb. 3

4 Fridays Apr. 25 - May 16 9:00 - 10:00 a.m.

Outreach - Rm. 406 Fee \$35

In-Person Class ID 2406
Last day to receive a refund: Apr. 21

Zumba

Instructor: T. Gomez

Combine motivating music and high energy with unique moves and combinations that allow you to dance away your worries. Zumba is fun, easy and can be done at your own level. The music will move from today's songs to Latin and international. Routines will feature aerobic fitness with a combination of fast and slow rhythms that tone and sculpt the body. Wear comfortable clothing that allows ease of movement.

6Thursdays Mar. 20 - Apr. 24 7:00 - 8:00 p.m. Bldg. 3 – Gymnasium Fee \$39 In-Person Class ID 2407 Last day for refund: Mar. 14





AHA Basic Life Support (BLS)

Instructor: J. Hines

The American Heart Association's BLS Course is designed for healthcare professionals and other personnel



who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-facility and prehospital settings. This course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations, and provide early use of an AED. Fee includes manual and BLS Provider e-card.

1 Wednesday Feb. 26 5:30 - 9:30 p.m.
Outreach - Rm. 407 Fee \$65
In-Person Class ID 2408
Last day for refund: Feb. 21

1 Wednesday Mar. 26 5:30 - 9:30 p.m.
Outreach - Rm. 407 Fee \$65
In-Person Class ID 2409
Last day for refund: Mar. 21

1 Wednesday Apr. 30 5:30 - 9:30 p.m. Outreach - Rm. 407 Fee \$65 In-Person Class ID 2410

1 Wednesday May 28 5:30 - 9:30 p.m. Outreach - Rm. 407 Fee \$65 In-Person Class ID 2411

Last day for refund: May 23

Last day for refund: Apr. 25

Registration for this class will begin on April 1.

Professional Continuing Education Credits:

4 CEs provided for social workers, nursing home administrators, dietitian/nutrition counselors, physical therapists and physical therapist assistants through the State of Illinois.

To register online, visit www.bhc.edu/pace

Health Care Careers General Statement of Prerequisites

Age 18 and GED or high school diploma. Must be free of communicable diseases that pose a risk to self, instructor, or peers. Most health careers require the ability to lift, bend, stoop, twist, turn and stand on your feet or sit for extended periods of time. Must be able to follow written and oral instructions and communicate effectively in a professional manner.

Health Care Careers

CAREER EXPLORATION: Phlebotomy & EKG

Instructor: I. Earl, B.S., NCMA, AHI, CPI

(Ages 14-19) The health care industry is consistently in need of phlebotomists and EKG technicians which is one of the quickest routes to a career in health care. Join us for a brief overview of both of these fields and learn more about the terminology and equipment used by these health care professionals. Topics include: 12-Lead EKG, anatomy of the heart, physiology and medical disease processes, handling, processing and documentation of samples, safety rules, anatomy and physiology of the circulatory system and basic phlebotomy techniques. Register today to learn more about the curriculum, options for certification, and career opportunities.

1 Tuesday

Apr. 1

6:00 - 8:00 p.m.

1 Tuesday Apr. 1 6:00 - 8:00 p.m Bldg. 3 - Rm. 316 Fee FREE

In-Person Class ID 2412

The session is FREE; however, registration is required.



Online Professional Skills and Enrichment Courses

These short non-credit courses are designed to help you build personal and professional skills.

Instructor-Moderated Courses

Instructor-moderated courses start monthly and allow you to interact with a cohort over a six-week schedule. Complete the lessons on your own time; you do not have to be logged in during a set time or when lessons are released.

Self-Guided Courses

For the independent learner, the self-guided courses provide access to all lessons immediately with up to three months to complete.

For all program offerings and to register, visit www.ed2go.com/blackhawk

Phlebotomy Technician and EKG Technician Instructor: I. Earl, B.S., NCMA, AHI, CPI

Take this class and be ready to start your career as a phlebotomy technician and EKG technician! You will gain the confidence to pursue a job in the health care field and learn new skills to increase your chance of job advancement. Train in the basic blood-drawing procedures for venipuncture and capillary puncture techniques. You will complete the class with an understanding of the skills, knowledge and level of responsibility required to perform competently as entry-level phlebotomy technician/lab personnel and an EKG technician.

Prerequisite: Current statement of good health from your physician and documented proof that you are free from active tuberculosis as documented by a negative QuantiFERON®-TB Gold test. These documents must be presented to the instructor during the first class. This test may be obtained from your physician's office or at a Genesis Occupational Health Clinic. For clinic locations, go to: www.genesishealth.com/genesis-at-work/occupational-health/ Hepatitis B vaccinations are not required but strongly recommended.

You are required to perform 25 venipunctures and five capillaries. You will perform these skills in a phlebotomy practice lab setting, beginning with practice arms then with real arms (students practice on one another) under instructor guidance and supervision.

Phlebotomy topics include:

- Handling, processing and documenting samples
- OSHA guidelines and safety rules
- · Anatomy and physiology of the circulatory system
- Basic phlebotomy techniques
- Quality assurance and methods of quality control

You must be willing to participate with giving and receiving 12-lead hook ups.

EKG topics including:

- 12-Lead EKG setup in a hospital or office setting
- Anatomy of the heart, physiology and medical disease processes
- Medical terminology
- Medical ethics and legal aspects of patient contact
- Bloodborne pathogens
- Heart medications

The National Certified EKG Technician (NCET) certification exam is available upon successful completion of the class through National Center for Competency Testing (NCCT).

Before the first class, purchase the required textbooks at the Black Hawk College Bookstore in Bldg. 1, 6600 34 Ave., Moline.

7 Mon./8 Wed. Apr. 7 - May 28 6:00 - 9:00 p.m.
Bldg. 3 - Rm. 316 Tuition Fee \$899
In-Person Class ID 2413
Last day to receive a refund: Apr. 1
(No class May 26)



Phlebotomy Technician

Instructor: S. Edlund

Train in the basic blood-drawing procedures for venipuncture and capillary puncture techniques. Understand the skills, knowledge and level of responsibility required to perform competently as entry-level phlebotomy/lab personnel.

Prerequisite: Current statement of good health from your physician and documented proof that you are free from active tuberculosis as documented by a negative QuantiFERON® - TB Gold test. These documents must be presented to the instructor during the first class. This test may be obtained from your physician's office or by visiting a Genesis Occupational Health Clinic. For clinic locations, go to: genesishealth.com/genesis-at-work/occupational-health/ Hepatitis B vaccinations are not required but strongly recommended.

You are required to perform 25 venipunctures and 5 capillaries. You will perform these skills in a phlebotomy practice lab setting, beginning with practice arms and then with real arms (students practice on one another) under instructor guidance and supervision.

Topics include:

- Handling, processing and documenting samples
- OSHA guidelines and safety rules
- Anatomy and physiology of the circulatory system
- Basic phlebotomy techniques
- Quality assurance and methods of quality control

Before the first class, purchase the required textbooks at the Black Hawk College Bookstore in Bldg. 1, 6600 34 Ave., Moline.

4 Mon./6 Thurs. Jan. 23 - Feb. 27 Bldg. 3 - Rm. 316 In-Person Class ID 2056 Last day for refund: Jan. 17 (No class Feb. 17) 4:00 - 8:00 p.m. Tuition Fee \$765

Professional Development / **Continuing Education**



Business Skills

How to Travel Free & Make Money Traveling Instructor: G. Henry

We're back to our travels, but everything is getting more expensive. So how do we make our travel free? Learn about the deep travel discounts being offered right now to motivate us to book travel. Earn free airline tickets, hotel nights, tours & more in the USA & worldwide! Volunteering, fun work-vacations, paid travel, teaching English, mystery shopping, importing/drop shipping, and remote employment opportunities. Class fee includes a 100-page digital book (a value of \$39.95). The Zoom link will be emailed to you the Thursday before class.

11:00 a.m. - 2:00 p.m. 1 Saturday Feb. 22 Virtual Class ID 2414 Fee \$49

Last day to register/receive refund: Feb. 19

Writing for Online Blogs, Magazines & Websites

Instructor: L. Krusemark

You don't need a journalism degree or previously published articles to write for anyone's online blog, magazine, or website. Some opportunities offer exposure, while many pay well - \$1 a word and more. In this fastpaced session, you will learn how to: find ideas, sources, and more than 1,000 opportunities that pay, conduct interviews and create interesting content, protect your copyright, write query letters, and then use this credibility to sell other articles or even your self-published novel. Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The Zoom link will be emailed to you the day before class.

1 Wednesday Feb. 26 4:00 - 6:00 p.m. Virtual Class ID 2415 Fee \$35 Last day to register/receive refund: Feb. 21

You might also be interested in:

- The Secrets of Travel Hacking Free Air, Hotels, &
- Save Money with Extreme Couponing!

See pages 30 for class descriptions and dates.

Monetize Websites, Blogs, and Social Media with Affiliate Marketing

Instructor: L. Krusemark

Earn a passive monthly income from selling other people's products by placing a merchant-provided advertisement link on your site and get a commission for every sale, click or lead. Learn where to find 1000+ free and low cost opportunities and how to avoid scams or links that won't offer a beneficial ROI (return on investment). Learn how to find high, recurring, and second-tier commissions. You'll also learn SEO secrets to increase your site's ranking and visibility on search engines like Google. Informative handouts for future use are included in class fee. The instructor LeeAnne Krusemark is a former journalist. current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education. The Zoom link will be emailed to you the day before class.

1 Thursday Feb. 27 6:00 - 8:00 p.m. Virtual Class ID 2416 Fee \$35 Last day to register/receive refund: Feb. 24

50 Money Making Side Hustles for Teens



Instructor: L. Krusemark

(Ages 12 & older) What's the fastest way to make money as a teenager? The answer is a side hustle. Fortunately, you don't have to wait until you're over a certain age to earn money with side hustles that can easily fit into your teen life — between all the classes, chill sessions and extracurricular activities. And most of these side hustles don't require you to study more, won't interfere with your social life, and can help you hit any financial goal — maybe even get that car! You'll leave class loaded with information about how to fill out any legal forms to get the business started and details about 50 profitable side hustle ideas to get you going fast. Informative handouts for future use are included in the class fee. The instructors include a guest teen entrepreneur, along with the instructor. The Zoom link will be emailed to you the day before class.

1 Monday Mar. 3 5:00 - 6:00 p.m. Virtual Class ID 2417 Fee \$25 Last day to register/receive refund: Feb. 27

Please Register Early!

Thinking about taking a PaCE class? Nothing cancels a class quicker than waiting until the last minute to register. Classes need a minimum number of participants in order for them to run. Please register early to help us avoid disappointing class cancellations.

How to Start Any Home Business + 250 Home Business Ideas!

Instructor: L. Krusemark

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce past president and award-winning business owner, this is probably the most comprehensive business start-up workshop you will ever find. You will discover:

- More than 250 legitimate home business ideas
- Mandatory legal documentation
- Many ways to market your product/service
- How to take tax deductions (this workshop included) Informative handouts for future use are included in class fee. The Zoom link will be emailed to you the day before class.

1 Tuesday Mar. 4 6:00 - 8:00 p.m. Virtual Class ID 2418 Fee \$35 Last day to register/receive refund: Feb. 28

Make Money with a Virtual Assistant/Word Processing Business

Instructor: L. Krusemark

Prerequisite: How to Start Any Home Business + 250 Home Business Ideas!

If you can type, then you can make money at home using your computer. You will discover how and where to find clients, 50 ways to advertise/market your services, effective home office equipment choices, and 100 ways to make money with a computer. There really is a need for your services, so learn to be your own boss, set your own hours, and make more money. Informative handouts for future use are included in class fee. *The Zoom link will be emailed to you the day before class*.

1 Tuesday Mar. 4 8:00 - 9:00 p.m. Virtual Class ID 2419 Fee \$25 Last day to register/receive refund: Feb. 28

Start Your Own Online Business: A Beginner's Guide



Instructor: L. Krusemark

Looking for ways to make money online? Turn your ideas or homemade products into income by starting an online business. You will learn how to find a gap in a niche market and fill it, build your own website, market your business effectively, take care of business forms and taxes, and create multiple sources of income. You'll also get info about the 25 most popular online businesses to start. Informative handouts for future use are included in the class fee. The Zoom link will be emailed to you the day before class.

1 Wednesday Mar. 5 4:00 - 6:00 p.m. Virtual Class ID 2420 Fee \$35 Last day to register/receive refund: Feb. 28

To register online, visit www.bhc.edu/pace



Get Paid to Teach English – Overseas in the USA & Online

Instructor: G. Henry

Teach your way around the world while getting paid for your "vacation"! English is the world's business and travel language, plus being able to speak English helps people get better paying jobs. If you speak English, you can teach conversational English! You don't have to be certified or speak the local language. It can be a high paying career or simply a great way to go on vacation for free. Learn about teaching online, 2-month paid summer jobs, or full-time work. Discover the best paying jobs, qualifications, certification programs and specific hiring organizations. The class fee includes instructor's 100-page digital book (a value of \$39.95). The Zoom link will be emailed to you the Thursday before the class.

1 Saturday Mar. 8 11:00 a.m. - 2:00 p.m. Virtual Class ID 2421 Fee \$49 Last day to register and receive refund: Mar. 5

Work Remotely and Become a Digital Nomad Instructor: G. Henry

Working remotely is now the thing. Why not add travel into the mix? Join thousands of individuals taking their work with them and hitting the road. Be "location independent". Learn how to live on the road, remote jobs that can pay your way, where to stay, how to handle your finances, downsizing and more. Instructor Gina Henry has been a digital nomad for the last seven years and highly recommends the digital nomad lifestyle as remote work has become even more popular during and after COVID. The class fee includes a 100-page digital book (a value of \$39.95). The Zoom link will be emailed to you the Thursday before the class.

1 Saturday Mar. 22 11:00 a.m. - 2:00 p.m. Virtual Class ID 2423 Fee \$49 Last day to register and receive refund: Mar. 19

Virtual classroom

A virtual class provides real-time, online instruction. A student is responsible for the technology needed to attend the class.

Get Paid to be a Tour Guide & Travel Free

Instructor: G. Henry

We are back to our travels! However, many people will not travel unless they book a tour, take a cruise, or travel with you their friend who knows the destination. Travel & tourism is the world's fastest growing industry. Learn how to earn income as a tour director. Work part-time or fulltime leading tours for major companies. Plus, learn how to get a free tour by promoting trips for tour companies or putting together trips on your own for friends, family, or groups. Work for a company or learn how to start your own business. The instructor leads tours worldwide for major tour companies as well as her own tour business of 30 years. Class fee includes a 100-page digital book (a value of \$39.95). The Zoom link will be emailed to you the Thursday before class.

1 Saturday Mar. 29 11:00 a.m. - 2:00 p.m. Virtual Class ID 2424 Fee \$49

Last day to register/receive refund: Mar. 26

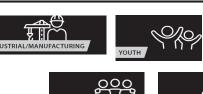
Mystery Shopping – Get Paid To Shop New Instructor: G. Henry



Do you like to shop? Get paid to shop at almost every store in your area, plus many online shopping assignments from home or on vacation (in over 70 countries). Businesses need to know their customers in order to stay in business. Learn about the Top 100 Mystery Shopping Companies and review actual assignments. Get paid or keep the items you buy. A FREE dinner for two at a nice restaurant, a FREE hotel, tank of gas, groceries, dry cleaning, store items & more. Instructor has been a professional mystery shopper for over thirty years & teaches for 96 schools. Class fee includes her 100-page digital book (a value of \$39.95). The Zoom link will be emailed to you the Thursday before the class.

1 Saturday Apr. 5 11:00 a.m. - 2:00 p.m. Virtual Class ID 2425 Fee \$49

Last day to register/receive refund: Apr. 2









Teach for Us!

Do you have a skill, hobby, or special knowledge you want to share with others? The PaCE Department would like to share what you know with the community. Visit: https://bhc.augusoft.net/ and click on Browse, then Teaching to complete the online course proposal form.

Online Professional Skills and **Enrichment Courses**

These short non-credit courses are designed to help you build personal and professional skills.

There are two ways to learn:

Instructor-led courses start monthly and allow you to interact with a cohort over a six-week schedule. Complete the lessons on your own time; you do not have to be logged in during a set time or when lessons are released.

For the independent learner, the self-paced courses provide access to all lessons immediately with up to three months to complete.

Featured Classes

A to Z Grant Writing

This course provides students with the hands-on experience and knowledge they need to successfully begin the planning process for projects in need of grant funding. An approach to grant seeking begins with thinking about why the funding is needed and involving the grant applicant's stakeholders in the planning process.

Accounting Fundamentals

If you want to increase your financial awareness and gain a marketable skill, this course is for you. You will learn the double-entry bookkeeping, financial transactions, financial reporting, and more.

Beginning Conversation French

This course will teach you the proper pronunciation of French words that you can use in your travels and cultural tips about France and other French-speaking countries.

Introduction to Interior Design

Explore a career in interior design as you learn how to transform any room into a beautiful and functional space.

Introduction to SQL

Learn the key concepts of SQL (Structured Query Language) the powerful and standard database management query language for relational databases.



To view all ed2go program offerings and to register, visit <u>www.ed2go.com/blackhawk</u>

Cannabis Certificate Programs

The PaCE Department has partnered with education provider Green Flower to offer three certificates in the leading job sectors of the cannabis industry. Upon program completion, students will receive a certificate of completion, a Credly digital badge, and access to Green Flower's employer network. For more information and registration, visit https://cannabisprograms.bhc.edu/

Payment plan available.

Register during the month of April and receive a \$100 discount. Use code "BLACKHAWK100".

Cannabis Cultivation Specialist Certificate (Online)

Discover the pathway to becoming a highly regarded and sought-after cannabis cultivation professional through our 9-week online program. Dive deep into the intricacies of the cannabis industry and master cultivation best practices. Our program offers a rich array of learning materials, including dynamic video lectures, enlightening readings, and interactive e-learning modules. All designed to equip you with the essential skills and knowledge needed to thrive in the cannabis cultivation sector. Upon finishing the program, you'll gain the expertise and credentials to kickstart a rewarding career in cannabis cultivation, whether it's working in indoor or outdoor growing facilities or launching your own cultivation venture.

Feb. 3	9 weeks/Online	\$750
Apr. 7	9 weeks/Online	\$750
June 2	9 weeks/Online	\$750

Cannabis Retail Specialist Certificate (Online)

Gain the essential knowledge and skills needed to thrive as a sought-after professional in the cannabis retail sector. Our nine-week online course combines dynamic video lectures, comprehensive readings, and interactive e-learning modules, all delivered by industry leaders and practitioners. This program is meticulously crafted to provide you with a deep understanding of the cannabis supply chain and the crucial abilities to excel in a retail setting. Upon completion, you'll possess the expertise and credibility essential for a fulfilling career in cannabis retail, whether it's working in a dispensary or launching your own.

Feb. 3	9 weeks/Online	\$750
Apr. 7	9 weeks/Online	\$750
June 2	9 weeks/Online	\$750

Cannabis Extraction and Product Development Specialist Certificate (Online)

Gain the expertise and credibility essential for a career in cannabis extraction, product development, manufacturing, or launching your own brand. Our intensive 9-week online course is designed to equip you with the knowledge and capabilities needed to become a respected and in-demand professional in the cannabis industry. Focusing on the production and formulation of a range of cannabis products such as edibles, tinctures, and topicals, this program offers a thorough insight into the cannabis supply chain and the fundamental skills necessary for success in this thriving field.

Feb. 3	9 weeks/Online	\$750
Apr. 7	9 weeks/Online	\$750
June 2	9 weeks/Online	\$750

Umpiring Baseball and Softball

Instructor: T. Nance IHSA Official

Last day for refund: Feb. 18

(Ages 15 & older) Become a softball and/or baseball umpire. This opportunity is designed to prepare you for umpiring softball and/or baseball at the high school and youth levels. This class will address professionalism, conflict resolution, communication skills, rules knowledge, game acquisition, mental training and on-field practice. With more than 30 years of coaching and umpiring experience, the instructor will prepare you for an exciting and fulfilling part-time job of working with young athletes on local ball diamonds. Your training includes field work, videos, guest speakers, reading and observation assignments, and online assessments. This class will prepare you to sit for the IHSA softball and/or baseball umpire exam.

Mon./Tues./Wed. Feb. 24 - Feb. 26 6:00 - 8:00 p.m. Outreach - Rm. 104 Fee \$39 In-Person Class ID 2426

Introduction to Voiceovers

Prerequisite: Must be 18 years or older Explore the fun, rewarding possibilities of the growing remote voiceover industry! Discover the current trends in the industry and how easy and affordable it can be to learn, set up, and work from home. You'll learn about different types of voiceovers and tools you'll need to find success. Your instructor, a professional voice actor from Voices For All, will take notes as you read a real script in this one-on-one video chat setting, and offer some coaching to improve your delivery. You'll receive a professional voiceover evaluation later in a follow up call. This is a onetime, 90-minute, introductory class.

Students must have internet access and video capabilities using a method such as Zoom, Skype (Win/Mac/Mobile) or iChat/FaceTime (Mac/iOS).

Please call the PaCE Department to register for the class. Upon registration, you will be contacted by Voices For All to schedule your class for a day and time of your convenience. Fee \$49

Food Protection

Food Protection Manager Certification

Instructor: B. Moeller

This program meets the class and exam requirements for the Food Protection Management Certification for Illinois and Iowa. The class and exam use ServSafe. which is ANSI-CFP accredited. At the end of the last day of class, you will take the ServSafe paper exam and receive your results within 10 business days from ServSafe. Exam results will be delivered to the email address you provided. Certification is valid for five years after successful completion of the class and passing the exam.



Class will break for a 30-minute lunch on your own. You must bring a current photo ID to take the exam.

1 Wed./1 Thurs. Jan. 29 & Jan. 30 Outreach - Rm. 407

8:30 a.m. - 2:30 p.m. Tuition Fee \$169

In-person Class ID 2073 Last day for refund: Jan. 24

1 Mon./1 Wed. Feb. 10 & Feb. 12 Outreach - Rm. 407 In-Person Class ID 2427 Last day for refund: Feb. 5

8:30 a.m. - 2:30 p.m. Tuition Fee \$169

1 Mon./1 Tues. Mar. 17 & Mar. 18 Outreach - Rm. 407 In-Person Class ID 2428 Last day for refund: Mar. 12

10:00 a.m. - 4:00 p.m. Tuition Fee \$169

1 Wed./1 Thurs. Apr. 23 & Apr. 24 Outreach - Rm. 407 In-Person Class ID 2429 Last day for refund: Apr. 17

8:30 a.m. - 2:30 p.m. Tuition Fee \$169

1 Mon./1 Tues. May 12 & May 13 Outreach - Rm. 407 In-Person Class ID 2430

10:00 a.m. - 4:00 p.m. Tuition Fee \$169

Last day for refund: May 7

ServSafe Manager Book

Students have the option of purchasing the ServSafe Manager Book at the Outreach Center for \$59. The book is available in English and Spanish and can be purchased before class. Book sales are final - no refunds allowed.

> To register online, visit www.bhc.edu/pace

Accelerated Food Protection Manager Certification (with online exam)

Instructor: K. Bogdonas

Prerequisite: Basic computer skills to be able to navigate the ServSafe website.

If you know what is required of you as a Food Protection Manager, then this fast-paced class is for you. This program meets the class and exam requirements for the Food Protection Management Certification for Illinois and Iowa. The class and exam use ServSafe, which is ANSI-CFP accredited.

At the end of the class, you will take the ServSafe online exam and receive your results immediately. You are required to create a ServSafe account prior to the exam date. Certification is valid for five years after successful completion of the class and passing the exam. Class will break for a 30-minute lunch on your own. You must bring a current photo ID to take the exam.

1 Thursday Jan. 16 8:30 a.m. - 5:30 p.m. Outreach - Rm. 407 Tuition Fee \$140 In-person Class ID 2077 Last day for refund: Jan. 13

1 Tuesday Feb. 11 8:30 a.m. - 5:30 p.m. Tuition Fee \$140 Outreach - Rm. 407 In-Person Class ID 2431 Last day for refund: Feb. 6

1 Monday Mar. 10 8:30 a.m. - 5:30 p.m. Outreach - Rm. 407 Tuition Fee \$140 In-Person Class ID 2432

1 Wednesday Apr. 16 8:30 a.m. - 5:30 p.m. Outreach - Rm. 407 Tuition Fee \$140 In-Person Class ID 2433

Last day for refund: Apr. 10

Last day for refund: Mar. 5

1 Thursday May 22 8:30 a.m. - 5:30 p.m. Outreach - Rm. 407 Tuition Fee \$140 In-Person Class ID 2434

Last day for refund: May 19

Registration for this class will begin on April 1.

Need to retest for the Food Protection **Manager Certification?**

If you need to retest, call us to register for a test session at 309-796-8223. If it has been more than 6-months since you last took the class, you will need to register for the class again.

ServSafe's Retest Policy:

You may take the exam twice within a 30-day period, if necessary. If a third attempt is required, you must wait at least 60-days from your last attempt. No more than four attempts are allowed in the 12-month period.

Black Hawk College - Outreach Center (Outreach)

301 Avenue of the Cities, East Moline



Gerente Certificado en Protección de **Alimentos**

Curso dirigido en Español Instructora: A. Vallejo

Esta clase cumple con los requisitos de Illinois y Iowa para preparar a los estudiantes para el exámen (Food Protection Manager). A los estudiantes se les dará la opción de comprar el libro de ServSafe Manager (ingles o Español) 7a Edición por \$59. Los libros se pueden comprar antes de que comience la clase. Los libros no pueden ser devueltos para un reembolso. Todas las ventas de libros son finales. El exámen de certificación se dará al final de la clase y tomará aproximadamente dos horas. Traiga identificación con foto a la clase para presentar el examen.

2 sábados y 1 jueves 1,6y8defebrero 9:00 a.m. - 1:00 p.m. Outreach aula 105 ID de clase en persona 2435 Costo \$169 Último día para reembolso: 29 de enero

2 sábados y 1 jueves 1, 6 y 8 de marzo 9:00 a.m. - 1:00 p.m. Outreach aula 105 ID de clase en persona 2436 Costo \$169 Último día para reembolso: 26 de febrero

2 sábados y 1 jueves 5,10 y 12 de abril 9:00 a.m. - 1:00 p.m. Outreach aula 105 ID de clase en persona 2437 Costo \$169 Último día para reembolso: 2 de abril

2 sábados y 1 jueves 1,3 y 10 de mayo 9:00 a.m. - 1:00 p.m. Outreach aula 105 ID de clase en persona 2438 Costo \$169 Último día para reembolso: 28 de abril

Necesita volver a tomar su examen para la Certificación de Protección de **Alimentos para Gerentes?**

Llamenos para registrarse y tomar su examen al 309-796-8223. Si han pasado más de 6-meses desde que tomó su entrenamiento, entonces necesitará volver a tomar la clase completa nuevamente.

Política para volver a tomar su examen de ServSafe:

Puede tomar su examen dos veces en un periodo de 30 días si es necesario. Si se requiere un tercer intento, tendrá que esperar 60 días desde su último intento. No puede tener más de cuatro intentos en un periodo de 12 meses.

Instructor destacado Ana Vallejo

Ana imparte la Certificación de Gerente de Protección de Alimentos en Español en BHC Outreach.

La parte favorita de Ana de su trabajo es que ninguna clase es igual y le resulta muy gratificante cada vez que sus alumnos obtienen la certificación.

Ana es madre de una hija de 9 años y un hijo de 4 años que decidió educarlos en casa e incluso comenzó su



panadería en casa hace 2 años. Le encanta crear dulces como macarrones y delicias cetogénicas como brownies y galletas. Y lo mejor es que hace lo que ama mientras disfruta de la vida con su familia.

Adult Education

Classes are available without cost to qualifying residents of the Black Hawk College district.

GED Preparation - 309-796-8216 Prepare for the Math, Language Arts, Science, Social Studies and Constitution tests.

High School Completion - 309-796-8249 If you have dropped out of school and are 16-21, you may qualify to complete diploma requirements through Optional Education.

English Language Acquisition/ESL

309-796-8245

If English is not your first language, improve your English speaking, listening and writing skills.

Technology

Technology



Level 1 Introductory class for the novice and those who need to understand basics.

Level 2 For those who understand basic concepts

and terminology.

Level 3 For more experienced students who want to

expand their knowledge and skills.

Computer Basics

Instructor: M. Thompson

Level 1 - Develop the skills you need to operate your computer confidently! This class will teach you the basics so that you can navigate operating systems, create documents, use email, manage files, use the internet and social media, and safely manage your personal data.

Mar. 31 - May 12 6 Mondays 3:30 - 5:30 p.m.

Outreach - Rm. 401 Fee \$99

In-Person Class ID 2439 Last day for refund: Mar. 26 (No class Apr. 21)

Identifying Scams

Instructor: R. Vedvik, PE, CHEPP - Electrical Engineer/ **Acoustics Engineer**

Level 1 - Scams have become increasingly sophisticated, especially those that use Artificial Intelligence (AI). This class will cover the different types of scams out there, how to identify them, and how to keep your information safe. A Zoom link will be emailed to you April 4.

1 Wednesday Apr. 9 11:30 a.m. - 1:30 p.m. Outreach - Rm. 406/Virtual Fee \$21

In-Person Class ID 2440 Virtual Class ID 2441 Last day for refund: Apr. 4

Practical Applications of Artificial Intelligence (AI)

Instructor: R. Vedvik, PE, CHEPP - Electrical Engineer/ **Acoustics Engineer**

Level 1 - Gain a general awareness of AI by learning about ChatGPT, other language models, how to ethically use AI for productive tasks, and understanding its limitations. Learn about the applications of AI in both home and business settings.

Apr. 8 - Apr. 15 2Tuesdays 6:00 - 8:00 p.m. Outreach - Rm. 407 Fee \$45

In-Person Class ID 2442 Last day for refund: Apr. 3

> To register online, visit www.bhc.edu/pace

What is ChatGPT?

Instructor: S. Sommer

Level 1 - Over the last two years, ChatGPT has become one of the hottest topics surrounding Artificial Intelligence (AI). But what exactly is ChatGPT? This class will cover the functionality and uses of ChatGPT and show demonstrations of the program.

1 Monday Apr. 7 9:00 - 11:00 a.m.

Outreach - Rm. 402 Fee \$21

In-Person Class ID 2443 Last day for refund: Apr. 2

Getting Pictures Off Your Phone

Instructor: S. Sommer

Level 1 - Do you have pictures on your phone and don't know what to do with them? This class will cover how to edit your photos and send them directly from your phone to a business, such as Walgreens or Walmart, or to an online service for development. Please bring your charger and phone to class.

1 Monday Apr. 7 1:00 - 3:00 p.m. Outreach - Rm. 402 Fee \$21

In-Person Class ID 2444 Last day for refund: Apr. 2

Smartphone Basics: iPhone

Instructor: S. Sommer

Level 1 - Learn the basic functions of your iPhone that you will utilize regularly, such as calling and texting, taking pictures, changing your settings, installing apps, and using the internet. There will be time at the end of each class for questions.

Please bring your iPhone to class. You must activate your phone before class. If you have questions about activating your phone, contact your service provider.

3 days - M, W, TH Mar. 10, 12, & 13 3:30 - 5:30 p.m. Outreach - Rm. 204 Fee \$65

In-Person Class ID 2445 Last day for refund: Mar. 5

Smartphone Intermediate: iPhone



Instructor: S. Sommer

Prerequisite: SmartPhone Basics iPhone or permission from the instructor.

Level 2 – Learn the functions of your iPhone in this intermediate class by utilizing features like Air Drop, Air Play, Air Tags, Widgets and others. Please bring your iPhone to class. You must activate your phone before class.

9:00 - 11:00 a.m. 1 Monday Apr. 14

Outreach - Rm. 204 Fee \$29

In-Person Class ID 2446 Last day for refund: Apr. 9



Smartphone Basics: Android

Instructor: S. Sommer

Level 1 - Learn the basic functions of your Android phone that you will utilize regularly, such as calling and texting, taking pictures, changing your settings, installing apps, and using the internet. There will be time at the end of each class for questions.

Please bring your Android phone to class. You must activate your phone before class. If you have questions about activating your phone, contact your service provider. Mar. 17, 19 & 20 3 days - M, W, TH 3:30 - 5:30 p.m.

Outreach - Rm. 204

Fee \$65

In-Person Class ID 2447 Last day for refund: Mar. 12

3 Mondays May 5 - May 19 3:00 - 5:00 p.m. Outreach - Rm. 204 Fee \$65

In-Person Class ID 2448 Last day for refund: May 1

Instructor Spotlight

Sanchia Sommer

Sanchia Sommer has been a dedicated educator for over 35 years, inspiring students of all ages with a passion for learning. Her love for teaching has recently led her to branch out into adult education, helping

individuals navigate the complexities of the digital world. Outside of the classroom, Sanchia is an avid outdoor enthusiast who enjoys hiking, kayaking, walking, and soaking in nature's beauty. She spends her free time with family and tending to her vegetable and flower garden.



iPad: Introduction

Instructor: S. Sommer

Level 1 - Do you have an iPad and don't know where to start? We will explore the Home Screen, the parts of your device and the main apps: settings, calendar, contacts, and mail. We will learn how to connect to Wi-Fi, get to the internet using Safari, add contacts, set up your email account, and schedule dates in your calendar. Please bring your iPad to class. You must activate your iPad and create your Apple ID before class. This class is not suitable for other types of tablets.

1 Thursday 3:30 - 5:30 p.m. Apr. 3 Outreach - Rm. 407 Fee \$29

In-Person Class ID 2449 Last day for refund: Mar. 31

iPad: Intermediate

Instructor: S. Sommer

Level 2 - Become better acquainted with the functionality of your iPad. In this class, you will learn more about the features and personalization of your Home Screen, adjusting the device settings, adding contacts, using the internet, and accessing the app store. Please bring your iPad to class. You must activate your iPad and create your Apple ID before class. This class is not suitable for other types of tablets.

1 Thursday 3:30 - 5:30 p.m. Apr. 10 Outreach - Rm. 407 Fee \$29

In-Person Class ID 2450 Last day for refund: Apr. 7

iPad: Advanced

Instructor: S. Sommer

Level 3 - Increase your iPad skills and knowledge through tips and tricks for using this device. Explore some of the more interesting and unique applications available for iPad users. Discover FaceTime and how to make video calls with family and friends. Please bring your iPad to class. You must activate your iPad and create your Apple ID before class. This class is not suitable for other types of tablets.

1 Thursday Apr. 17 3:30 - 5:30 p.m. Outreach - Rm. 407 Fee \$29

In-Person Class ID 2451 Last day for refund: Apr. 14

ONLINE CLASSES

Creating Web Pages

Learn the basics of HTML as you design, create, and post your very own website.

For more information and to register, visit www.ed2go.com/blackhawk

Black Hawk College - Outreach Center (Outreach)

301 Avenue of the Cities, East Moline

3D Printing: Introduction

Instructor: R. Vedvik, PE, CHEPP - Electrical Engineer/ **Acoustics Engineer**

This class will cover how 3D printers work, printer selection, setup and maintenance, printing material selection, design strategies, troubleshooting, and software applications. A 3D printer will operate during the class to demonstrate how computer models are installed and printed and to serve as an example for discussion. This class is perfect for those with no prior 3D printing experience.

4Thursdays Feb. 27 - Mar. 20 6:00 - 8:00 p.m. Outreach - Rm. 407 Fee \$75 In-Person Class ID 2452

Last day for refund: Feb. 24

3D Printing: Intermediate/Advanced

Instructor: R. Vedvik, PE, CHEPP - Electrical Engineer/ **Acoustics Engineer**

A continuation of 3D Printing: Introduction, this class is aimed at those with 3D printing experience and will focus on 3D modeling, advanced slicing, firmware editing, and component upgrades.

4Thursdays Mar. 27 - Apr. 17 6:00 - 8:00 p.m. Outreach - Rm. 407 Fee \$75 In-Person Class ID 2453 Last day for refund: Mar. 24

Circuit Electronics

Instructor: R. Vedvik, PE, CHEPP - Electrical Engineer/ **Acoustics Engineer**

This class will cover the basics of practical electrical theory, with demonstrations of meter usage, measurements, soldering, and other tools. Electrical component and device assessment, troubleshooting, and repair will also be discussed and demonstrated. Arduino board connection and programming will also be covered for custom projects.

4 Tuesdays 6:00 - 8:00 p.m. Apr. 22 - May 13 Outreach - Rm. 407 Fee \$75 In-Person Class ID 2454 Last day for refund: Apr. 17



Looking to Improve Your Life Through Learning

Find us on Facebook and get in on the latest classes being offered by PaCE.

Black Hawk College - PaCE

Please Register Early!

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Circuit Electronics Class

Instructor Spotlight

Richard Vedvik, PE, CHEPP -**Electrical Engineer/Acoustics Engineer**

Richard Vedvik is a Senior Electrical Engineer and Acoustics Engineer with decades of hands-on experience and theoretical understanding of electrical systems, audio systems, mechanics, and acoustics. He has published several articles and webcasts for Consulting-Specifying Engineer magazine, and holds awards from C&SE and the Quad City Engineering & Science



Council. He volunteers to speak at local schools and teaches several evening classes at Black Hawk College. Richard enjoys explaining complex topics in a simple, novice-friendly way to introduce people to technical concepts and equip them with useful hands-on skills.

Additional classes with instructor Richard Vedvik.

Page 20 Identifying Scams

Page 20 Practical Applications of Artificial

Intelligence (AI)

Page 29 Home Wiring / Acoustics for the Homeowner

Microsoft Office

Excel: Introduction

Instructor: E. Duffy

Prerequisite: Basic Windows skills.

Level 2 - Learn the basics of this essential spreadsheet application that can be utilized at home and in the workplace. Some of the topics that are covered include creating simple formulas, formatting cells, working with columns and rows, using page setup, printing, and using templates. Fee includes an Excel workbook.

Mar. 11 - Mar. 25 3 Tuesdays 5:30 - 8:00 p.m. Outreach - Rm. 402 Tuition Fee \$99

In-Person Class ID 2455 Last day for refund: Mar. 6

Excel: Intermediate

Instructor: E. Duffy

Prerequisite: Excel: Introduction or equivalent skills. Level 3 - Enhance and develop your spreadsheet skills. Learn to customize the Ribbon, use advanced formulas, create 3-D formulas across multiple worksheets, move, copy, and color code worksheet tabs, sort and filter data, name ranges, create charts, insert graphics and more. Fee includes an Excel workbook.

1 Monday Jan. 6 8:30 a.m. - 5:00 p.m. Tuition Fee \$99 BHC ALC - Rm. 111 In-person Class ID 2161

Last day for refund: Jan. 2

(Class will break for a 1-hour lunch on your own).

3 Tuesdays Apr. 1 - Apr. 15 5:30 - 8:00 p.m. BHC ALC - Rm. 111 Tuition Fee \$99 In-Person Class ID 2456

Excel: Advanced

Last day for refund: Mar. 27

Instructor: E. Duffy

Prerequisite: Excel: Intermediate or equivalent skills. Level 3 - Further develop your Excel expertise by learning how to: create and revise Pivot Tables, record macros and create shortcut buttons, use advanced chart features. export and import data, outline and subtotal data, work with tables, make and track comments, create conditional formatting, use advanced functions including LOOKUP and nested IF formulas, password protect worksheets or cells and more! Fee includes an Excel workbook.

1 Wednesday Jan. 15 8:30 a.m. - 5:00 p.m. BHC ALC - Rm. 111 Tuition Fee \$99

In-person Class ID 2162 Last day for refund: Jan. 10

(Class will break for a 1-hour lunch on your own).

3 Tuesdays Apr. 22 - May 6 5:30 - 8:00 p.m. BHC ALC - Rm. 111 Tuition Fee \$99 In-Person Class ID 2457 Last day for refund: Apr. 17

Microsoft Word

Instructor: M. Thompson

Prerequisite: Basic Windows skills.

Level 1 – Create basic documents using the following skills: cutting, copying, pasting, and formatting text, aligning and indenting paragraphs, adding numbered and bulleted lists, inserting dates and symbols, changing margins, switching document views, running the spelling and grammar checker, and printing a document.

Fee includes a Word workbook.

4 Wednesdays Apr. 2 - Apr. 23 3:30 - 5:30 p.m. Outreach - Rm. 401 Fee \$99

In-Person Class ID 2458 Last day for refund: Mar. 28

ONLINE CLASSES

Introduction to Microsoft PowerPoint

As technology transforms business practices, Microsoft PowerPoint remains one of the most commonly used tools for presentations. This course is perfect for beginners wanting to learn how to effectively use Microsoft PowerPoint 2016 or 2019/Office 365 to create professional presentations.

For more information and to register, visit www.ed2go.com/blackhawk

Attention K-12 Educators!

Earn PD Hours in the Classroom or Online

Black Hawk College's Professional & Continuing Education (PaCE) and the Rock Island County Regional Office of Education (RIROE) have partnered to offer a variety of classes both online and in the classroom to help you enhance your professional development.

To obtain PD Hours for a chosen class, teachers need to contact Julie at the RIROE (309-736-1111) to obtain approval. The processing fee for PD hours is payable to the RIROE.



Black Hawk College - Outreach Center (Outreach)

301 Avenue of the Cities, East Moline

Black Hawk College Adult Learning Center (BHC ALC) 4610 Black Hawk Commons Drive, Rock Island

Instructor Spotlight

Mike Bisom

Mike Bisom has 15 years of experience as a professional wedding photographer and has been teaching photography for nearly 20 years. Mike enjoys a variety of music, including musicals, and has seen Les

Misérables three times. Some words of advice from Mike: "For those of you wondering how to make a small fortune with photography, that's easy. Start with a big fortune. The guiding principle for my classes is simply getting better pictures. And what role the camera, any camera, plays in that."



Fee \$79

Photography

Digital Photography: Introduction

Instructor: M. Bisom

Level 2 - Are you finding digital photography to be a bit confusing or even overwhelming at times? In this class, we break down the entire photography process and the camera's role in that process. What is a JPEG? What is resolution? Not only will we explore some of the more common picture modes on a camera but also why there can be so many options. *Please bring your camera(s)*. Feb. 24 - Mar. 24 6:30 - 8:30 p.m. 5 Mondays

In-Person Class ID 2459 Last day for refund: Feb. 19

Bldg. 1 - Rm. 302

Digital Photography: Intermediate/ Advanced

Instructor: M. Bisom

Level 3 - Prerequisite: Digital Photography: Introduction or permission from the instructor.

This class continues to build on the foundation from the Introduction class. Here we continue to look at the exposure triangle and the function of the shutter & aperture. We also look at various focusing methods and advanced features such as the histogram, bracketing and more. This is a hands-on class. *Please bring your camera(s)*.

6 Mondays Mar. 31 - May 5 6:30 - 8:30 p.m. Bldg. 1 - Rm. 302 Fee \$89

In-Person Class ID 2460 Last day for refund: Mar. 26

Black Hawk College Black College Improving Life Through Learning

Photography Exposure Lighting & Flash

Instructor: M. Bisom

Level 3 - In this class we take a more in depth look at both the exposure and the basic characteristics of light. What is hard and soft light? Can we modify or even create the light we want? We will also concentrate on using a shoe mount flash, both on and off camera, to create the image(s) we want. Students with their own flash gear are welcome to bring it. Otherwise, you can bring a camera with a hot shoe and there will be gear that you can practice with.

3 Wednesdays Apr. 23 - May 7 6:30 - 8:00 p.m. Bldg. 1 - Rm. 302 Fee \$45

In-Person Class ID 2461 Last day for refund: Apr. 17

Photography Composition

Instructor: M. Bisom

Level 3 - We will cover some of the more common photography compositional guidelines, such as the rule of thirds, leading lines, and repeating patterns. Additionally, we will go over tips for immediately improving your composition. We will also review your submitted images/ portfolios through the lens of composition and what we can do to improve the images. Reviewing your images and looking for ways to improve is by far the best and fastest way to improve one's photography.

2 Saturdays May 3 - May 10 10:00 a.m. - 12:15 p.m. Bldg. 1 - Rm. 302 Fee \$45

In-Person Class ID 2462 Last day for refund: Apr. 30

Smartphone Photography

Instructor: M. Bisom

Transform your smartphone into a powerful tool for creating stunning, professionalquality photographs. Whether you're an amateur photographer looking to enhance your skills or a hobbyist seeking to elevate your mobile photography game, this course will help you unlock the creative potential of your smartphone's camera.



New

Please bring your Smartphone to class. You must activate your phone before class. If you have questions about activating your phone, contact your service provider.

Apr. 12 1 Saturday 10:00 a.m. - noon Bldg. 1 - Rm. 302 Fee FRFF

In-Person Class ID 2463

The session is FREE; however, registration is required. Free April workshop to celebrate Community College Month. Space is limited.

Please Register Early!

Thinking about taking a PaCE class? Nothing cancels a class quicker than waiting until the last minute to register. Classes need a minimum number of participants in order for them to run. Please register early to help us avoid disappointing class cancellations.

Community Education





Arts and Crafts

Valentine Wreath-Making

Instructor: A. Williams

Create a unique Valentine's Day wreath for your home or for that special someone! Class fee includes materials. Please bring wire cutters, a glue gun, and glue gun sticks to class.

1 Monday Jan. 27 5:30 - 8:00 p.m. Bldg. 3 - Rm. 213 Fee \$65

In-Person Class ID 2464

Last day to register/receive refund: Jan. 17

Spring Wreath-Making

Instructor: A. Williams

Create a festive spring wreath you can showcase in your home or on your front porch. Class fee includes materials. Please bring wire cutters, a glue gun, and glue gun sticks to class.

5:30 - 8:00 p.m. 1 Monday Mar. 24 Bldq. 3 - Rm. 213 Fee \$65

In-Person Class ID 2465

Last day to register/receive refund: Mar. 10

Spring Vase Arrangement

Learn how to arrange seasonal flowers to brighten up your home. Class fee includes materials. *Please bring flower* clippers to class.

1 Monday Mar. 24 6:00 - 7:30 p.m. Outreach - Rm. 105 Fee \$45

In-Person Class ID 2467

Last day to register/receive refund: Mar. 18

Mother's Day Floral Arrangement

Celebrate Mother's Day by creating a larger arrangement with an accompanying smaller arrangement. *Mothers* and daughters can sign up to take the class together, but registration fee is payable for each individual. Please bring flower clippers to class.

1 Monday Apr. 21 6:00 - 7:30 p.m. Outreach - Rm. 105 Fee \$45

In-Person Class ID 2468

Last day to register/receive refund: Apr. 15

Stained Glass – Beginning, Copper Foil

Instructor: M. Seaholm

Learn to make stained glass projects using the same copper foil technique that Tiffany used to create his legendary lampshades. You will be guided through the process of cutting glass pieces and assembling them using copper foil. Needed tools which may cost up to \$250, will be discussed at the first class, as well as sources for supplies. Some materials may contain lead. Women who are pregnant or breastfeeding should refrain from using these materials. Attendance is required at the first two classes. A \$10 material fee is payable to the instructor at the first class.

4Tuesdays Feb. 18 - Mar. 11 5:30 - 8:00 p.m. Fee \$65 Bldg. 1 - Rm. 213

In-Person Class ID 2469 Last day for refund: Feb. 12

Stained Glass Workshop Group

Instructor: M. Seaholm

Prerequisite: Stained Glass – Beginning or permission from the instructor.

This class will give you the opportunity to build on your foundational skills by guiding you through more complex projects. From detailed patterns to innovative applications, you'll gain more hands-on experience, enhancing both your technical skills and artistic expression. Join us to refine your craft and create stunning, intricate stained-glass pieces that showcase your growing expertise.

4Tuesdays Mar. 18 - Apr. 8 5:30 - 8:00 p.m. Bldg. 1 - Rm. 213 Fee \$65

In-Person Class ID 2470 Last day for refund: Mar. 12



Looking to Improve Your Life Through Learning

Find us on Facebook and get in on the latest classes being offered by PaCE.

Black Hawk College - PaCE

Beginning Watercolor

Instructor: T. Hempel

Watercolor is about the fluidity of paint, the texture of brush strokes, and amount of water. Every technique produces its own unique result. Learn basic watercolor techniques, the differences in brushes, and how to mix colors and you'll be hooked on creating watercolor paintings. This class is designed for beginners with little to no watercolor experience. Please bring to class a kneaded eraser, a 140lb cold press watercolor sketchbook (9"x12" inches or larger), a set of assorted watercolor brushes, and a watercolor paint tray along with 6 basic watercolor paint tubes for refilling your supply.

4 Tuesdays Mar. 4 - Mar. 25 5:30 - 7:30 p.m. Outreach - Rm. 204 Fee \$39

In-Person Class ID 2471 Last day for refund: Feb. 26

Adventures in Watercolor

Instructor: T. Hempel

Explore further into your creative side while learning the techniques of watercolor painting. Learn how to create a unique and imaginative watercolor painting in a friendly and relaxed atmosphere. This class is for students with no prior experience and for students wanting to brush up on the basics. Please bring to class a kneaded eraser, a 140lb cold press watercolor sketchbook (9"x12" inches or larger), a set of assorted watercolor brushes, and a watercolor paint tray along with 6 basic watercolor paint tubes for refilling your supply.

4 Tuesdays Apr. 8 - Apr. 29 5:30 - 7:30 p.m. Outreach - Rm. 204 Fee \$39 In-Person Class ID 2472 Last day for refund: Apr. 2

Watercolor Spring Scenes

Instructor: T. Hempel

Explore mixing earth tones to create intense vibrant colors for your impact area and muting the same mix to make value changes for depth in your landscapes. This class is designed for both beginners and those who wish to continue their watercolor craft. Please bring to class a kneaded eraser, a 140lb cold press watercolor sketchbook (9"x12" inches or larger), a set of assorted watercolor brushes, and a watercolor paint tray along with 6 basic watercolor paint tubes for refilling your supply.

4 Tuesdays May 6 - May 27 5:30 - 7:30 p.m. Outreach - Rm. 204 Fee \$39 In-Person Class ID 2473 Last day for refund: May 2 Registration for this class begins April 1.

> To register online, visit www.bhc.edu/pace

Instructor Spotlight

Tom Hempel



Tom is a talented and creative architectural watercolor artist in the **Ouad Cities** area with over 60 years of

experience. His talent for art was noticed in 7th grade when his teacher, Don Poston, helped encourage and develop his interest in watercolor painting. After high school, Tom served in the Army, spending 1 year in Vietnam as a construction engineer. With the help of his wife, Tom would again rekindle his love of watercolors and began painting local homes and businesses in the area, his portfolio now totaling over 1,200 paintings. Since retiring, Tom has been able to spend all his time honing his skills as a watercolor artist. His artistic role models have always been local artists, Paul Norton and John Pike of Woodstock, NY.

Drawing for Beginners

Instructor: A. Martin

Learn the fundamentals of drawing and sketching and turn your flat, on-the-surface sketches into threedimensional pieces of art. You will be guided through the process of how to draw simple objects from real life. Working with pencil, you will develop skills in composition and shading. You will develop an understanding of light and shadow while drawing a variety of objects. Please bring to class two #2 pencils, a white hi-polymer eraser, a pack of tortillons for blending, and an 11"x 8.5" sketchpad with spiral binding on the side.

4 Wednesdays Mar. 5 - Mar. 26 10:00 a.m. - noon Outreach - Rm. 204 Fee \$39 In-Person Class ID 2474 Last day for refund: Feb. 27

Drawing and Sketching: Still Life and Landscapes

Instructor: A. Martin

This class will take your drawing and sketching skills to the next level. You will review basic drawing skills while drawing still life, landscapes and faces. Please bring to class two #2 pencils, a white hi-polymer eraser, a pack of tortillons for blending, and an 11"x 8.5" sketchpad with spiral binding on the side.

4 Wednesdays Apr. 2 - Apr. 23 10:00 a.m. - noon Outreach - Rm. 204 Fee \$39 In-Person Class ID 2475 Last day for refund: Mar. 27

Drawing Animals and Birds of Spring

Instructor: A. Martin

Draw your favorite animals while connecting with nature in this relaxing environment. You will learn from an experienced drawing instructor the basic techniques such as shading, working on general shapes, details and capturing the essence of the animal subject. Please bring to class two #2 pencils, a white hi-polymer eraser and an 11" x 8.5" sketchpad with spiral binding on the side.

4 Wednesdays May 7 - May 28 10:00 a.m. - noon Outreach - Rm. 204 Fee \$39

In-Person Class ID 2476 Last day for refund: May 1

Registration for this class begins April 1.

Sewing and Embroidery for Beginners **New**

Instructor: A. Williams

In this hands-on class, you will learn the essential techniques of embroidery, including how to thread a needle, make basic stitches and create simple patterns. Whether you're looking to decorate clothing, create beautiful art pieces or just explore a new hobby, this class will give you the skills and confidence to get started. No experience is needed. Please bring to class a stamped pillowcase of your choice, an embroidery hoop, an assorted pack of sewing needles, embroidery thread and a pair of scissors.

4Tuesdays Feb. 4 - Feb. 25 5:30 - 7:00 p.m. Outreach - Rm. 406 Fee \$39 In-Person Class ID 2477

Last day for refund: Jan. 29

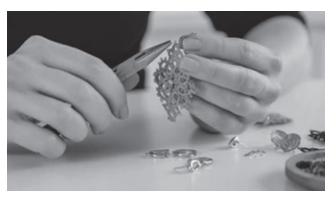
Tatting Jewelry for Beginners

Instructor: J. Monnard

Learn how to create intricate lace designs using shuttle tatting techniques to craft stunning, one-of-a-kind pieces like earrings, necklaces and bracelets. Our experienced instructor will guide you through the basics, from threading and knotting to forming beautiful patterns with beads and thread. By the end of the class, you'll have a unique handmade accessory to take home. A \$5 material fee is payable to the instructor the first night of class.

4 Tuesdays Apr. 1 - Apr. 22 6:00 - 7:00 p.m. Outreach - Rm. 406 Fee \$39 In-Person Class ID 2481

Last day for refund: Mar. 26





Beginning Crocheting

Instructor: G. Garcia

Crocheting is fast, fun and increasingly popular. Learn the basic stitches to make a dishcloth, chain stitch, single crochet, half-double crochet, double crochet and triple crochet. Please bring to class a 2.5-ounce skein of 100% cotton yarn in any color, a size H or I crochet hook, a blunt darning needle, and sharp scissors. Patterns will be provided as part of the class.

6 Saturdays Mar. 15 - Apr. 19 10:00 a.m. - noon Bldg. 1 - Rm. 301 Fee \$55

In-Person Class ID 2478 Last day for refund: Mar. 11

Refresher Crocheting

Instructor: G. Garcia

If you've crocheted in the past, but need some assistance to start back up, this is the class for you! You don't need a beginner course, you just need help remembering how the stitches work and what they're called. You might even have an unfinished project you started years ago; now is the time to complete that project! We will refresh your crochet memory and help you get back to crocheting. We will review the basic stitches and start (or finish) a project of your choice. Please bring to class one skein of worsted weight yarn and a size I or J crochet hook. If you are bringing a project to class, please make sure it is an easy or beginner level pattern.

2 Saturdays Apr. 26 - May 3 10:00 a.m. - noon Bldg. 1 - Rm. 301 Fee \$29 In-Person Class ID 2479 Last day for refund: Apr. 22

Pattern Reading for Crocheting

Instructor: G. Garcia

Learn the basics of pattern reading for crocheting in this workshop, including terminology, symbols, and how to interpret instructions. Bring yarn and a hook (any size) to class.

2 Saturdays May 10 - May 17 10:00 a.m. - noon Bldg. 1 - Rm. 301 Fee \$29 In-Person Class ID 2480 Last day for refund: May 6

Quilling

Community Education

Instructor: R. Gopikrishna

Quilling - also known as paper filigree or paper scrolling - dates back centuries. This technique first used gold and silver rolled into coils to decorate vases and jewelry. With the emergence of paper, it took a different dimension in the 14th century. This is an easy-to-learn art form. With the available tools and resources, anyone can learn the basic techniques. A \$25 materials fee is payable to the instructor the first night of class.

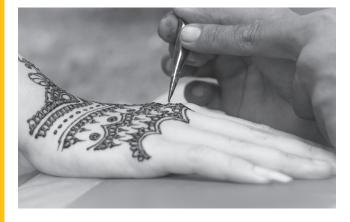
6 Mondays Apr. 14 - May 19 5:30-7:30 p.m. Outreach - Rm. 406 Fee \$55 In-Person Class ID 2482 Last day for refund: Apr. 8

The Art of Henna

Instructor: R. Gopikrishna

Henna, also called as "Mehandi," refers to the application of henna paste on the skin, typically in intricate designs, for decorative or ceremonial purposes. It's a form of body art that has been practiced for centuries in various cultures, particularly in South Asia, the Middle East and North Africa. This class offers hands-on instruction in the traditional art of applying henna designs to the skin. Participants will learn about the history, cultural significance and techniques of henna application, then create intricate designs and apply them with precision. During this four-week course, we will learn basic elements of henna and their purpose in filling the designs. Come join us in learning a new artform. A \$25 materials fee is payable to the instructor the first night of class.

6 Wednesdays Apr. 23 - May 28 5:30 - 7:30 p.m. Outreach - Rm. 406 Fee \$55 In-Person Class ID 2483 Last day for refund: Apr. 16



Please Register Early!

Thinking about taking a PaCE class? Nothing cancels a class quicker than waiting until the last minute to register. Classes need a minimum number of participants in order for them to run. Please register early to help us avoid disappointing class cancellations.

At Home

What is HAM Radio

Instructor: M. Limberg

Amateur radio (HAM radio) is a popular hobby and service that brings people, electronics and communication together. For many enthusiasts, HAM radio is all about independent communication and self-reliance. People use HAM radio to talk across town, around the world or even into space, all without the internet or cell phones. Join us and learn how you can get started.

1 Wednesday Mar. 26 6:00 - 8:00 p.m. Outreach - Rm. 406 Fee \$21 In-Person Class ID 2484 Last day for refund: Mar. 20

Getting Started with HAM Radio and Obtaining Your Technician License

Instructor: M. Limberg

Join us to learn more about HAM radio and obtain your technician license. Before you can get on the air, you need to be licensed and know the rules to operate legally. U.S. licenses are good for 10 years before renewal and anyone may hold one except a representative of a foreign government. In the United States there are three license classes - Technician, General and Extra. The entry-level license (Technician) is all that is necessary for local routine and emergency communications. Once you obtain your Technician license, you will officially be a HAM radio operator. Then you can decide if you would like to move up to the additional privileges of the General and Extra license classes.

4 Wednesdays Apr. 2 - Apr. 23 6:00 - 8:00 p.m. Outreach - Rm. 104 Fee \$45 In-Person Class ID 2485 Last day for refund: Mar. 27

Introduction to Disaster Preparedness

Instructor: B. Monnard

Sometimes it feels like the world is falling apart at the seams. While civilization-ending disasters are fortunately very rare, there are any number of smaller issues like fires, floods, and tornadoes that can be hugely disruptive



on an individual or local level. In this introductory course, we will examine the basics of preparing for a disaster, such as creating an all-hazards plan and emergency kit. Since different disasters require different responses, students will examine when to shelter in place and when to evacuate. We will also discuss other skills that may be useful both in the case of disasters and in our everyday life.

2 Tuesdays Mar. 18 - Mar. 25 Outreach - Rm. 406 In-Person Class ID 2486 Last day refund: Mar. 12

6:00 - 8:00 p.m. Fee \$21

Home Wiring / Acoustics for the Homeowner

Instructor: R. Vedvik, PE, CHEPP - Electrical Engineer/

Acoustics Engineer

Learn about home wiring and how to save money with DIY projects and repairs as well as noise control and sound behavior to optimize your home acoustics. Get hands-on interactive



experience needed to help you troubleshoot, maintain, or make minor revisions while using meters and tools to complete a task safely. Learn practical house wiring including switch and receptacle circuits, breaker panels and thermostat controls as well as cable systems. You will learn how to control noise in your home (such as noise between rooms or spaces that echo) and understand audio-system design and layouts. Learn how to build affordable acoustical panels and how to mitigate noise transfer. Measuring sound will be demonstrated using a variety of tools and including smartphones.

3 Wednesdays Apr. 23 - May 7 6:00 - 8:00 p.m. Outreach - Rm. 405 Fee \$45 In-Person Class ID 2487 Last day for refund: Apr. 17

Intro to Raising Backyard Chickens Workshop Instructor: A. Carbonneau

There's more to raising chickens than buying a few online. Which ones should you buy? Layers or meat birds? What do they eat? Where should they live? Learn everything you need to know about raising your own chickens from chicks to adults, making friends with them, and how to help them lead long, healthy lives. We'll cover feed, shelter, and avoiding predators so you'll be ready to go when your chicks arrive.

1 Thursday Mar. 6 5:30 - 8:00 p.m. Outreach - Rm. 204 Fee \$21 In-Person Class ID 2488 Last day for refund: Feb. 28



The Basics of Backyard Beekeeping Workshop

Instructor: A. Roberts

Interested in beekeeping but unsure how to get started? Join us as we learn the ins and outs of what it takes to become a backyard beekeeper and start your own hive. Learn bee basics such as when to start your hive, space needed, equipment involved, and how to choose the right bees, and ask any questions you may have about this process.

1 Monday Mar. 3 5:30 - 8:00 p.m. Outreach - Rm. 406 Fee \$21

In-Person Class ID 2489 Last day for refund: Feb. 25

Beyond the Basics of Backyard Beekeeping Workshop

Instructor: A. Roberts

This course offers information beyond the basics. You can expect to learn how to split a hive, keep your smoker lit, perform mite counts, raise queens, solve common hive challenges and more. Bring your questions and get ready to take the next steps in beekeeping!

1 Monday Mar. 10 5:30 - 8:00 p.m. Outreach - Rm. 406 Fee \$21

In-Person Class ID 2490 Last day for refund: Mar. 4

Seed Starting – A Beginner's Guide to Spring Planting



Instructor: C. Puls

Get a jump on the season and extend your harvest by starting your seeds indoors! Learn about seed starting mixes, soil blocking, what to start and when for Zone 5, and best practices for transitioning seedlings to containers or traditional gardens. This class will give you the confidence to start early and reap the benefits of a longer and more productive season!

1 Thursday Mar. 13 6:00 - 8:00 p.m. Outreach - Rm. 204 Fee \$21

In-Person Class ID 2491 Last day for refund: Mar. 7

Canning with Confidence



Instructor: K. Bogdonas

Enjoy garden-fresh foods all year long by preserving at home! This course is for new and seasoned canners. Canning methods have changed over the years to improve the safety of the foods we store. In the first session, you will learn about the different types of canning equipment, steps for safe home food preservation and sources for research-tested recipes. In the second session, you will get hands-on practice using these canners. By the end of the series, you will be more confident when preserving your low- and high-acid foods.

2 Tuesdays Mar. 18 - Mar. 25 4:30 - 6:30 p.m. Outreach - Rm. 105 Fee \$35

In-Person Class ID 2492 Last day for refund: Mar. 12 **Community Education**



Container Vegetable Gardening Instructor: C. Puls

Have you always wanted to grow your own fresh, tasty vegetables but lack growing space? Growing vegetables in containers is the answer! Almost anything can be grown in containers, and you can provide them with the perfect soil, light and water conditions to ensure they have everything they need to produce delicious vegetables all season. You will learn about gardening techniques for different types of containers, how to fill them, what to plant and when for Zone 5, plus maintenance and harvest techniques. You will leave class with a small container and vegetable plant.

1 Thursday May 8 6:00 - 8:00 p.m. Outreach - Rm. 204 Fee \$35

In-Person Class ID 2493 Last day for refund: May 2

Introduction to Backyard Composting

Instructor: C. Puls

Don't burn or toss your weeds, leaves, and food scrapscompost them! You will learn about different composting techniques that will allow you to turn organic leftovers into dark, rich compost that normally goes for premium prices at garden stores. You don't need fancy bins or lots of space to reduce your waste and give your plants nutrient rich soil, just a few items and some muscle now and then. 1 Thursday 6:00 - 8:00 p.m. Apr. 10

Fee \$21

In-Person Class ID 2494 Last day for refund: Apr. 4

Outreach - Rm. 204

Introduction to Raising and Owning Goats Instructor: J. Dailev

Learn all about the basics of raising goats from a local goat farmer who is passionate about goats. You will learn the fundamentals of goat care, from feeding and sheltering to health maintenance, tailored for both aspiring farmers and hobbyists. Discover the joys of raising goats for milk production and gain important insights into goat milk for your family's health.

1 Wednesday Mar. 5 6:00 - 8:00 p.m. Outreach - Rm. 407 Fee \$21 In-Person Class ID 2495 Last day for refund: Feb. 27

The Secrets of Travel Hacking – Free Air, Hotels, & Cash Back

Presented by G. Henry

Earn thousands of airline miles & hotel reward points without ever stepping foot on a plane or paying for a hotel (hotels & airfare are often the most expensive part of travel). World traveler Gina Henry has traveled free to over 102 countries & all 50 states. She earns a million reward points each year and teaches for over 96 schools nationwide (online via zoom). Learn easy "Beginner Strategies", advanced strategies, & details of each reward program. Class fee includes a 100-page digital book (a value of \$39.95). The Zoom link will be emailed to you the Thursday before the class.

1 Saturday Mar. 15 11:00 a.m. - 2:00 p.m.

Virtual Class ID 2496 Fee \$49 Last day to register and receive refund: Mar. 12

Save Money with Extreme Couponing! Presented by: L. Krusemark

Learn how to save money every day with extreme couponing. Coupons are not just for groceries. The savings can add up to hundreds or even thousands of dollars every year. This comprehensive workshop will teach you:

- Where to find all different types of coupons, even for high ticket items
- How to find the best coupon apps and websites
- How to match coupons with sales for maximum savings This workshop is taught by someone who has used many couponing secrets to save thousands. Informative handouts for future use are included in class fee. *The Zoom* link will be emailed to you the day before class.

Feb. 25 3:00 - 4:00 p.m. 1 Tuesday Virtual Class ID 2497 Fee \$25 Last day to register/receive refund: Feb. 21

You might also be interested in:

- 50 Money Making Side Hustles for Teens
- How to Start Any Home Business + 250 Home Business Ideas
- How to Travel Free & Make Money Traveling
- Get Paid to be a Tour Guide & Travel Free
- Get Paid to Teach English Overseas in the USA &
- How to Start Any Home Business + 250 Home **Business Ideas!**
- Make Money with a Virtual Assistant / Word **Processing Business**
- Monetize Websites, Blogs, and Social Media with Affiliate Marketing
- Mystery Shopping Get Paid to Shop
- Start Your Own Online Business: A Beginner's Guide
- Work Remotely and Become a Digital Nomad
- Writing for Online Blogs, Magazines & Websites

See pages 14-16 for class descriptions and dates.



Fundamentals of Retirement

Instructor: M. Hunt, CLF

Do you often think "I'll never be able to retire"? Do you believe that you are too "broke" to start putting money away for retirement? Is your plan at work sufficient and are you putting the money away in the "right" places? Have you ever thought that you can't "afford to lose any money in the stock market". In this class, you will learn the fundamentals of starting and planning for your retirement. Learn the difference between a Roth and a pre-tax investment and how they are affected by taxes. Learn the tax brackets and how to minimize your tax bite. However, money is only one aspect of retirement planning. This course blends financial education with life planning to help build your wealth, align your money with your values and achieve your retirement lifestyle goals. 1 Wednesday Apr. 9 6:00 - 8:00 p.m.

Outreach - Rm. 407 In-Person Class ID 2498 Last day for a refund: Apr. 3

Understanding the Basics of Life Insurance

Fee \$25

Instructor: M. Hunt, CLF

If you have group life insurance through work, is that enough to protect your family? How much is too much and is the group cost actually priced better than an individual plan you could get from the internet or your local agent? Learn the most common types of life insurance and what is best for your specific need. In this course you will see how life insurance can help with retirement planning and identify which companies will be there decades from now when you have a claim. Learning the basics of life insurance will make you a knowledgeable and savvy consumer. You will learn the importance of an accurate illustration and how expensive life insurance can or cannot be.

1 Wednesday Apr. 16 6:00 - 8:00 p.m. Outreach - Rm. 406 Fee \$25 In-Person Class ID 2499 Last day for a refund: Apr. 10

Black Hawk College - Outreach Center (Outreach)

301 Avenue of the Cities, East Moline

Understanding Your Auto and Home Insurance



Instructor: M. Hunt, CLF

Are you getting the best possible value from an insurance company? Will that company honor a claim? How do you get a great price when there are so many insurance terms to understand? Do you have too much or too little coverage? Why does your credit matter? Shopping insurance should be an annual event to insure you are getting proper coverage from a solid company at a reasonable price. The insurance market is volatile and becoming a savvy shopper will help you understand your policy and put you in the driver's seat when shopping for auto, home, or renters quotes.

1 Wednesday Apr. 23 6:00 - 8:00 p.m. Outreach - Rm. 105 Fee \$25

In-Person Class ID 2500 Last day for a refund: Apr. 16

Keep More of What You Earn with a Budget

Instructor: M. Hunt, CLF

Most people think budgeting is like a harsh diet. It's not about doing without the things you enjoy; it's about learning the importance of identifying cash flow within a flexible and personalized budget. Creating a realistic budget doesn't have to be painful! This is a fundamental class in documenting your expenses, learning to track with or without personal budgeting software and working to achieve financial goals. You might even find that you can start or increase your retirement savings! Take control of your money and avoid letting your money take control of you!

1 Wednesday Apr. 30 6:00 - 8:00 p.m. Outreach - Rm. 105 Fee \$25

In-Person Class ID 2501 Last day for a refund: Apr. 24

The World of Investments

Instructor: M. Hunt, CLF

Get introduced to the vast world of investing and unravel its inner workings. Explore common types of investments and accounts and discover your best investment options. Get your specific questions answered during this interactive and engaging session.

1 Wednesday May 7 6:00 - 8:00 p.m. Outreach - Rm. 407 Fee \$25

In-Person Class ID 2502 Last day for a refund: May 1

Please Register Early!

Thinking about taking a PaCE class? Nothing cancels a class guicker than waiting until the last minute to register. Classes need a minimum number of participants in order for them to run. Please register early to help us avoid disappointing class cancellations.

Community Education





Genealogy

Genealogy Group

Instructor: P. Chase

This session is offered as an informal discussion group. The group meets to discuss together their own genealogical research, roadblocks they may be facing and other related topics.

1 Friday Feb. 7 1:00 - 3:00 p.m. Outreach - Rm. 402 Fee FREE

In-Person Class ID 2506

1 Friday Mar. 7 1:00 - 3:00 p.m. Outreach - Rm. 402 Fee FREE

In-Person Class ID 2507

1 Friday Apr. 4 1:00 - 3:00 p.m. Outreach - Rm. 402 Fee FREE

In-Person Class ID 2508

1 Friday May 2 1:00 - 3:00 p.m. Outreach - Rm. 402 Fee FREE

In-Person Class ID 2509

These sessions are FREE; however, registration is required.

Genealogy Workshop

Instructor: P. Chase

Join us as we learn the steps involved in the genealogical research process as well as the tools and strategies you need to successfully research your family lineage. Learn the value of using the internet in locating information to establish where your ancestors lived and help in tracing immigrant ancestors. Uncover popular and obscure websites that may unearth more clues about your family members and their lives. We will discuss filling out pedigree charts and family group sheets as part of the importance of genealogical "housekeeping." This half-day workshop will give you a brief overview of researching your genealogy.

1 Wednesday Mar. 5 9:00 a.m. - 12:30 p.m. Outreach - Rm. 402 Fee \$29

In-Person Class ID 2503 Last day for refund: Feb. 27

Beginning Genealogical Research: Developing the Five Step Genealogy Research Plan

Instructor: P. Chase

Whether you just started researching your family genealogy or have been doing this for years, this is the class for you. Join us as we develop the five-step genealogy research plan, a skill that saves hours of frustration in tracking down documentation and assists in breaking down genealogy brick walls.

5 Wednesdays Mar. 12 - Apr. 9 10:00 a.m. - noon

Outreach - Rm. 402 Fee \$50

In-Person Class ID 2504 Last day for refund: Mar. 6

Census and Obituaries American Census (1790-1940)

Instructor: P. Chase

Prerequisite: Basic windows skills/able to navigate the internet.

Join us as we explore the plethora of information available in linking American census records to our family history across our country and to the past. Upon completion of this course, students will have a working knowledge of how to trace their family lineage through American census records.

5 Wednesdays Apr. 16 - May 14 10:00 a.m. - noon Outreach - Rm. 402 Fee \$50

In-Person Class ID 2505 Last day for refund: Apr. 10

Genealogy Coaching

Instructor: P. Chase

Prerequisite: Starting Your Family Search/Growing Your Family Tree or instructor permission. Students are required to bring their ancestry chart, family group sheet on the family they are researching and must have basic computer knowledge/ability to navigate the internet.

This unique class will be small in size to focus on individual research. Individualized research plans based on your personal research goals will be developed. You will receive help to clarify what you already know about your family's genealogy and what you want to learn. Focus on finding and utilizing resources as well as organizing your paperwork and files. Organization, research plans, and better utilizing of new and existing resources will have you on your way to making new discoveries in your family tree.

5 Wednesdays May 21 - June 18 10:00 a.m. - noon Outreach - Rm. 402

In-Person Class ID 2510

Fee \$50

Last day for refund: May 16

Registration for this class begins April 1.

To register online, visit www.bhc.edu/pace

New

Languages

Italian for Beginners

Instructor: T. Teslik

In this beginner-friendly class you will learn essential vocabulary, pronunciation, and conversational skills. In addition to learning key phrases for common situations you will explore Italian customs, traditions, and etiquette to enhance your cultural understanding. Whether you're planning a trip or just curious about the language, this course will provide you with the tools to start speaking and experiencing the Italian language.

4Thursdays Feb. 20 - Mar. 13 6:00 - 8:00 p.m. Outreach - Rm. 406 Fee \$39

In-Person Class ID 2511 Last day for refund: Feb. 14

Spanish for Beginners

Instructor: A. Landaverde

You will be introduced to Spanish vocabulary and expressions for everyday situations in this fun and interactive introductory course. Practice how to correctly pronounce the language while gaining knowledge of the Hispanic culture. This class can serve as a great refresher course! Optional textbook can be purchased at www.amazon.com. Spanish with Amigos: A Beginner's Guide to Conversational Spanish by Tara Bradley Williams, ISBN#978-1934467725.

8 Wednesdays Feb. 26 - Apr. 16 6:00 - 8:00 p.m. Outreach - Rm. 204 Tuition Fee \$185 In-Person Class ID 2512

Last day for refund: Feb. 20

Professional Continuing Education Credits: 16 CEs provided for social workers, nursing home administrators, dietitian/nutrition counselors, physical therapists and physical therapist assistants through the State of Illinois.

Intermediate Spanish

Instructor: A. Landaverde

Last day for refund: Apr. 17

Prerequisite: Spanish for Beginners or permission from the instructor.

This class is a continuation of Spanish for Beginners. You will expand your understanding of the Spanish language, continue to improve pronunciation and communication skills as well as increase your vocabulary.

6 Wednesdays Apr. 23 - May 28 6:00 - 8:00 p.m. Outreach - Rm. 204 Tuition Fee \$135 In-Person Class ID 2513

Professional Continuing Education Credits: 12 CEs provided for social workers, nursing home administrators, dietitian/nutrition counselors, physical therapists and physical therapist assistants through the State of Illinois.



Sign Language Instructor: H. Jackson

American Sign Language (ASL) - Beginning Instructor: H. Jackson

Learn enough basic signs, finger spelling, and sign language syntax to be able to express and understand simple concepts in American Sign Language (ASL). You will be able to sign a simple conversation/dialog with others. Before the first class, purchase the required textbook at the Black Hawk College Bookstore in Building 1,6600 34th Ave., Moline.

8 Tuesdays Feb. 11 - Apr. 1 6:00 - 8:00 p.m. Bldg. 1 - Rm. 302 Tuition Fee \$185 In-Person Class ID 2514 Last day for refund: Feb. 5

Professional Continuing Education Credits: 16 CEs provided for social workers, nursing home administrators, dietitian/nutrition counselors, physical therapists and physical therapist assistants through the State of Illinois.

American Sign Language (ASL) - Intermediate Instructor: H. Jackson

Prerequisite: American Sign Language (ASL) - Beginning. This class is a continuation of American Sign Language (ASL) - Beginning. Expand your sign language vocabulary, improve your communication skills and develop fluency in American Sign Language. Before the first class, purchase the required textbook at the Black Hawk College Bookstore in Building 1, 6600 34th Ave., Moline. Same textbook as used in the Beginning class.

6Tuesdays Apr. 8 - May 13 6:00 - 8:00 p.m. Bldg. 1 - Rm. 302 Tuition Fee \$135 In-Person Class ID 2515 Last day for refund: Apr. 2

Professional Continuing Education Credits: 12 CEs provided for social workers, nursing home administrators, dietitian/nutrition counselors, physical therapists and physical therapist assistants through the State of Illinois.

Community Education

Music

Learn to Play the Ukulele

Instructor: S. Anderson

Currently, the ukulele is one of the most popular instruments, because it's easy to learn how to play. Pick up the basics in playing chords, strumming patterns, fingerpicking, and start playing songs. If you own a ukulele, bring it with you. If not, the instrument will be provided to you to borrow at class with the option to purchase at the end of the fourth session.

4 Mondays Jan. 13 - Feb. 10 6:00 - 7:00 p.m. Bldg. 4 - Rm. 101 Fee \$35

In-person Class ID 2152

Last day for refund: Jan. 7 (No class Jan. 20)

BHC Concert Band

Instructor: E. Mahr, BHC Band Director

A non-auditioned ensemble comprised of community members and college students. The band plays a variety of band music repertoire from all periods of music composition.

Tuesdays Jan. 14 - May 13 6:30 - 8:20 p.m. Bldg. 4 - Rm. 212 Hawk's Nest Fee \$50

In-Person Class ID 2516

Last day for refund: Jan. 8 Last day to register: Feb. 11 After registering for this class, please email <u>music@bhc.edu</u> with your name and the instrument you play.

BHC Community Chorale

Instructor: I. Leites

A non-auditioned group choir comprised of singing enthusiasts, 14 years and older. Join us for an exciting journey through the heart of musical theater as the Community Chorale presents our latest project, "Broadway in Harmony." This concert will spotlight the vibrant ensemble numbers that bring life and energy to beloved musicals. The class is lead by director Dr. Irene Leites and guest music director Randin Letendre. Thursdays Jan. 16 - May 15 6:30 - 8:20 p.m.

Bldg. 4 - Rm. 115 Fee \$50

In-Person Class ID 2517

Last day for refund: Jan. 10 Last day to register: Feb. 13 (No class Jan. 23 and Feb. 13)

BHC Community Group Guitar Ensemble Instructor: Staff

The BHC Community Group Guitar Class is a non-auditioned group comprised of beginner, intermediate, and advanced classical and acoustic guitarists. Participants need to have their own classical or acoustic guitar to participate. A variety of guitar specific repertoire, including arrangements for popular music, will be covered. Some experience reading guitar notations encouraged but not required.

6 Wednesdays Mar. 5 - Apr. 9 5:30 - 7:00 p.m. Bldg. 4 - Rm. 101 Fee \$55

In-Person Class ID 2518 Last day for refund: Feb. 27

These music classes are designed for students 14 years old and older.

The Fundamentals of Audio Recording

New

Instructor: J. Vasquez

In this class, you will be introduced to the fundamental concepts of recording and mixing using Pro-Tools, one of the most industry-standard digital audio workstations (DAWs). This course is designed for beginners with no prior experience, offering them hands-on stills to start recording, editing, and mixing audio projects confidently. 4 Mondays Mar. 24 - Apr. 14 4:30 - 6:00 p.m. Fee \$45

Bldg. 4 – Rm. 102 (Music Lab) In-Person Class ID 2519

Last day for refund: Mar. 18

Songwriting 101 Workshop



Instructor: R. Bizarri

Unlock your creativity in this one-night songwriting workshop! Designed for aspiring songwriters of all levels, this class will guide you through the fundamentals of writing your own song. Learn how to develop catchy melodies, craft meaningful lyrics, and structure a song that resonates with listeners. Whether you play an



instrument or simply love music, this workshop will provide you with the tools and inspiration to express yourself through song. No prior experience needed – just bring your ideas and enthusiasm!

1 Wednesday Apr. 2 7:00 - 8:30 p.m. Bldg. 4 – Rm. 102 (Music Lab) Fee FREE

In-Person Class ID 2520

Last day for registration: Mar. 26

The session is FREE, however, registration is required. Free April workshop to celebrate Community College Month.

Sleep, Eat, Songwriting, Repeat



Instructor: R. Bizarri

This songwriting course teaches the fundamentals of writing strong songs and improving your skills. You'll learn about brainstorming, song forms, contrast in song sections, rhyme schemes and melodic riffs to make your songs more accessible. The class also will cover co-writing, music business basics and the timeless structure of popular music. No prior music theory knowledge or instrumental ability is required – just bring your creativity and passion for songwriting!

4 Wednesdays Apr. 9 - Apr. 30 7:00 - 8:30 p.m. Bldg. 4 – Rm. 102 (Music Lab) Fee \$45

In-Person Class ID 2521 Last day for refund: Apr. 4

Community Guitar Workshop

Instructor: Staff

Calling all guitar players from beginners to seasoned players! Embark on a musical journey designed to bring together guitar enthusiasts of all backgrounds! This workshop is designed to provide a welcoming atmosphere where everyone can learn, play, and experience the joy of music together, all while improving your musical skills. Participants need to bring their own classical or acoustic quitar to participate.



1 Wednesday May 7 6:00 - 8:00 p.m.

Bldg. 4 – Rm. 115 Fee FREE

In-Person Class ID 2522 Last day for registration: Apr. 30

The session is FREE, however, registration is required. Free April workshop to celebrate Community College Month.

Writing

Writing Your Story

Instructor: D. Beserra

Have you always wanted to write an autobiography about your life but have never been sure where to start? This class will help you develop a timeline and determine what events/stories you want to share. This is a wonderful class if you are looking to pass on your heritage, process experiences, preserve family history, or share what and who you are.

1 Tues. & 1 Thurs. Mar. 25 & Mar. 27 5:00 - 8:00 p.m. Outreach - Rm. 401 Fee \$39

In-Person Class ID 2523 Last day for refund: Mar. 19

How to Self-Publish Your Book

Instructor: D. Beserra

If you've ever dreamed of publishing a book, this is your chance! Learn details about how to prepare your manuscript for publication. Discover how to obtain an ISBN, barcode and LCCN to make your book available to libraries and bookstores. You will also learn how to use resources like Bowker and CreateSpace to get you through the publishing process. You can guickly make your book available on Amazon, Barnes & Noble and many other online stores. The instructor has published multiple books, has used a variety of publishing methods, and can help you find the one that is best for you.

1 Tues. & 1 Thurs. Apr. 1 & Apr. 3 5:00 - 8:00 p.m. Outreach - Rm. 401 Fee \$39

In-Person Class ID 2524 Last day for refund: Mar. 26

The Younger Generation



Babysitting Clinic

Instructor: A. Courville

(Ages 11 - 16) This clinic will teach students the responsibilities of a babysitter, what parents expect, how to handle emergencies, caring for and handling infants and young children, feeding techniques and diapering, age-appropriate toys and activities, tips for bedtime issues and much more! Students will learn basic first aid and how to handle emergencies that arise such as injuries, illnesses and household accidents. As babysitting will be many students' first job, interviewing also will be reviewed. Certificate will be awarded upon completion.

1 Saturday Apr. 12 9:00 a.m. - noon Outreach - Rm. 204 Fee \$45

In-Person Class ID 2525 Last day for refund: Apr. 4

9:00 a.m. - noon 1 Saturday May 17

Outreach - Rm. 204 Fee \$45

In-Person Class ID 2526 Last day for refund: May 11

Registration for this class begins May 9

Safety First – Home Alone

Instructor: B. Monnard

(Ages 10-14) It is a big responsibility to stay home alone. Are you ready? This fun and interactive class will focus on internet safety, accident prevention, basic first aid skills, sibling relationships, and how to handle emergencies and create a plan.

1 Saturday Mar. 29 10:00 a.m. - noon

Outreach - Rm. 204 Fee \$30

In-Person Class ID 2527 Last day for refund: Mar. 25

Lego Spike Prime Animal Builds

Instructor: S. Sommer

(Ages 9-12) This is Lego's newest robotics platform. The SPIKE Prime combines Lego bricks, a programmable multi-port Hub, and coding language. Students will follow directions to build 2 different animal creations! Using coding, students will program the models to move, make sounds, and explore beginning engineering concepts. Engage your mind and problem-solving skills with these interactive Lego components.

2 Saturdays Jan. 25 - Feb. 1 9:00 - 11:00 a.m. Outreach - Rm. 407 Fee \$45

In-person Class ID 2158 Last day for refund: Jan. 21

You might also be interested in:

- Page 12 Career Exploration: Phlebotomy & EKG
- Page 14 50 Money Making Side Hustles for
- Page 17 Umpiring Baseball and Softball

Seminars

Seminars at Outreach Center, 301 Avenue of the Cities, East Moline

History/Travel

Presenter: Brian Alm, Member of the Institute for the Study of Ancient Cultures, The University of Chicago

Brawny, Charming Scotland

Let's go to Scotland! Scotland is brawny and brave, a rugged country with swooping uplands and velvet valleys dotted by white cottages and hairy cows; a land of contrasts — the roaring Atlantic crashing on the rocky shore, and sheltered lochs as still as swans; charming stone villages lost in time, elegant Edinburgh and lusty Glasgow. History shouts from these hills — you can almost hear the Highland drums and the clash of steel. We'll visit places you can reach easily with public transportation, like the Western Highlands and the isles of the Inner Hebrides, but also some places off the beaten track, like the Isle of Lewis in the Outer Hebrides. Rent a car and do it all on your own? Sure, but there are things to know. We'll cover all you need to make your time in Scotland — whether it's just a week or much longer — a joy to remember!

1Tues./1Thurs. Mar. 4 & Mar. 6 10:00 a.m. - noon Outreach - Rm. 407 Fee \$21 In-Person Class ID 2528

Last day refund: Feb. 26

A Primer on Cruising

This seminar is intended for those who are interested in but not experienced at sea-cruising, and may be wishing for some guidance about picking a cruise and getting the most out of it. We'll cover the major differences in cruise lines and ships, destinations, where to go and what to expect, pricing, food, entertainment, and more. We will look specifically at cruising the Eastern, Southern and Western Caribbean, the U.S. West Coast plus Ensenada, the Alaskan Inside Passage, coastal New England and Canada, the Mexican Riviera (Puerto Vallarta, Mazatlan, Cabo San Lucas), the Baltic (Denmark, Sweden, Finland, Norway, Estonia, Poland and Russia), and the Aegean Sea. 1 Wednesday Mar. 5 10:00 a.m. - noon

Outreach - Rm. 407 In-Person Class ID 2529 Last day for refund: Feb. 27

Exotic Thailand

Think of Thailand and you think of Buddhist temples, the famous Damnoen Saduak floating market, the sprawling city of Bangkok — and we'll visit those places. But we'll also ride elephants through the jungle, travel all the way up north to where Myanmar and Laos join Thailand across the Mekong River, and venture out into the back country via long-tail boat to visit a hilltribe village on the Kok River. We'll do all this in two hours, for just \$15, and we won't have to deal with jet lag!

1 Tuesday Mar. 11 10:00 a.m. - noon Outreach - Rm. 407 Fee \$15

In-Person Class ID 2530 Last day for refund: Mar. 5

Morocco is Hot But Really Cool

New

Imagine riding out into the Sahara Desert on a camel to see the sunset over the sand dunes. Imagine wandering through the maze of the casbah, surrounded by endless temptations wrought in brass and leather. Imagine yourself in a tent on the desert, sipping tea and nibbling dates fresh from the tree. Imagine the cool air descend at dusk as the call to prayer echoes from the minarets. You don't have to imagine – you can go there! Well, almost. But you can't beat the deal, and you won't have jet lag!

1 Wednesday Mar. 12 10:00 a.m. - noon Outreach - Rm. 407 Fee \$15

In-Person Class ID 2531 Last day for refund: Mar. 6

Archaeology Close at Hand



The Quad Cities area as you've always seen it – or never actually saw it. Let's see how observant you are! We'll take a slide trip around town to reflect on the sites and sights and see what we see close at hand and underfoot – odd, questionable and funny things that people never really think about, things that have disappeared and nobody noticed, little details that only the curious eye can see, the stories and community profile that we can "read" in a cemetery, and more. And we'll ask some haunting questions. What happened to that place? What is the heritage we've received and what are we leaving to posterity? What will future archaeologists determine about us?

1Thursday 10:00 a.m. - noon Mar. 13 Outreach - Rm. 407 Fee \$15

In-Person Class ID 2532 Last day for refund: Mar. 7

Instructor Spotlight

Fee \$15

Brian Alm

Brian Alm holds an MA in English from the University of Chicago and has a lifelong passion for teaching. In addition to being a former naval officer and Apollo 13 recovery team member, he has extensive experience as an adjunct instructor in writing and publishing. Since 2010, he has taught Egyptology, administers two global Egyptology groups, and shares travel insights through courses on destinations like Scotland, Egypt, and Greece. As he puts it in his own words, "My soul is teaching; [it] always has been."



Seminars at Outreach Center, 301 Avenue of the Cities, East Moline

Art History

Presenter: Dr. Annette LeZotte, Black Hawk College, art historian

Vermeer's Girl with a Pearl Earring

This course will consist of an in-depth examination of Johannes Vermeer's famous painting Girl with a Pearl Earring. We'll explore Vermeer's life, the history of the painting, scientific examinations of the painting technique, and scholarly interpretations of the meaning of the image.

1 Thursday 10:00 a.m. - noon Mar. 20 Outreach - Rm. 407 Fee \$15

In-Person Class ID 2533 Last day refund: Mar. 14

April in Paris

Take a mental vacation to France! This class will explore the city of Paris in the springtime through the eyes of nineteenth century artists including Claude Monet, Vincent van Gogh, Camille Pissarro, Pierre-Auguste Renoir and others.

1 Thursday Apr. 10 10:00 a.m. - noon Fee \$15 Outreach - Rm. 407

In-Person Class ID 2534 Last day refund: Apr. 4

Monet's Series Paintings

New

This class will examine some of Claude Monet's best known series paintings (such as Haystacks, Rouen Cathedral and Water Lilies) to explore the reasons why he was fascinated with painting the same subjects over and over again.

1 Thursday May 8 10:00 a.m. - noon Fee \$15 Outreach - Rm. 407

In-Person Class ID 2535 Last day refund: May 2

Religious History

Presenter: Rev. Samuel Hale Jr.

Mission of the Church

New

This course will focus on the scriptures concerning the purpose, goals, methods and examples of missions in the first century church and presenting suggestions for implementing relevant mission ministries for the 21st century church. Please bring your own Bible to class. All versions are welcome.

4 Wednesdays Mar. 5 - Mar. 26 10:00 a.m. - noon Outreach - Rm. 406 Fee \$39

In-Person Class ID 2536 Last day refund: Feb. 27

Virtual seminars -All virtual sessions will be held via Zoom.

History

Presenter: Dr. Art Pitz, Black Hawk College, professor emeritus

Israel and WWII: The Founding of a Nation

New

Join us as we delve into the details of Israel's founding against the backdrop of World War II. We will journey through history to unravel these connections, exploring factors in the establishment of a nation amidst the challenges and opportunities of the post-war era. Together we will gain a clearer understanding of the convergence between global conflict and the birth of the State of Israel.

3 Wednesdays Mar. 12 - Mar. 26 10:00 a.m. - noon Virtual Class ID 2537 Fee \$30 Last day for refund: Mar. 5

The Rise and Fall of the Berlin Wall and Those Living in Its Shadow

New

Many of you are familiar with Ronald Reagan's famous Berlin Wall speech, but what about the human stories that unfolded in its formidable shadow? Join us as we uncover the layers of history that shaped the lives of those living in the veil of an iconic barrier and experience the transformative power of unity and resilience.

10:00 a.m. - noon 3 Wednesdays Apr. 9 - Apr. 23 Virtual Class ID 2538 Fee \$30 Last day for refund: Apr. 2

Understanding the Israel-Palestinian New Conflict

This class offers an in-depth exploration of the Israel-Palestinian conflict, tracing its origins from historical events through to the complex dynamics of today. You will examine key moments in the conflict's development, including the rise of Zionism, the creation of Israel, regional wars, peace efforts and ongoing tensions. The course also will cover the perspectives of both Israelis and Palestinians, providing a balanced view of the socio-political and human impact.

3 Wednesdays May 7 - May 21 10:00 a.m. - noon Virtual Class ID 2539 Fee \$30

Last day for refund: Apr. 30

Virtual classroom

A virtual class provides real-time, online instruction. A student is responsible for the technology needed to attend the class.



Classes at Black Hawk College - Community Education Center (CEC) 404 E. 3rd St., Kewanee, IL

Conversational Spanish

Instructor: V. Montes

The class will develop students' oral skills and comprehension of the spoken language through various interactive activities and group discussions. Participants will learn beginning-level grammar essential for a basic understanding of Spanish. Optional book: Title: Curso De Espanol Para Extranjeros Basico I Author Antonio Hernandes

Galan ISBN # 978-607-17-4072-4.

4Tues./4Thurs. Jan. 7 - Jan. 30 5:00 - 7:00 p.m. Kewanee CEC - Rm. 106 Fee \$65 In-Person Class ID 2540 Last day for refund: Jan. 2

4Tues./4Thurs. Feb. 4 - Feb. 27 5:00 - 7:00 p.m. Kewanee CEC - Rm. 106 Fee \$65 In-Person Class ID 2541 Last day for refund: Jan. 30

4Tues./4Thurs. Mar. 4 - Mar. 27 5:00 - 7:00 p.m. Kewanee CEC - Rm. 106 Fee \$65 In-Person Class ID 2542

4Tues./4Thurs. Apr. 1 - Apr. 24 5:00 - 7:00 p.m. Kewanee CEC - Rm. 106 Fee \$65 In-Person Class ID 2543

4Tues./4Thurs. May 1 - May 27 5:00 - 7:00 p.m. Kewanee CEC - Rm. 106 Fee \$65

In-Person Class ID 2544 Last day for refund: Apr. 28

Last day for refund: Mar. 27

Last day for refund: Feb. 27

Community Education Center (CEC) - Kewanee

Introduction to Microsoft Excel

New

Instructor: F. Al Bayati

This course will cover the basics of Excel, including worksheet navigation, data entry, and the use of formulas and functions. Students will learn how to format spreadsheets, analyze data, and present information clearly and compellingly. This class will provide students with a foundational understanding of Microsoft Excel, enabling them to efficiently manage data, perform calculations and create professional-looking reports. 3 Mon. & 3 Wed. Jan. 27 - Feb. 12 5:00 - 7:00 p.m. Kewanee CEC - Rm. 106 Fee \$95

In-Person Class ID 2547 Virtual Class ID 2548 Last day for refund: Jan. 22

Introduction to Microsoft Word for **Educators**



Instructor: F. Al Bayati

Students will learn to use Microsoft Word as a fundamental tool in education. Students will learn to create professional-looking documents including letters, brochures, tests, quizzes, learning activities, research notes, and prepare papers professionally.

Kewanee CEC - Rm. 106 In-Person Class ID 2549 Virtual Class ID 2550 Last day for refund: Feb. 26

New

3 Mon. & 3 Wed. Mar. 3 - Mar. 19 5:00 - 7:00 p.m. Fee \$95

Instructor Spotlight

Fahad Al Bayati

Fahad Al Bayati earned a bachelor's degree in computer science from the University of Bagdad. He worked at the University of Bagdad providing software updates, troubleshooting network issues, and communicating with a team to ensure the network functioning of the university. Before that, he worked at Alameerat, as an operations manager for Watan Alshomos, and for the U.S. Army United States Space Force in Baghdad.

Acrylic Painting Class: Exploration & Canvas Masterpiece

Instructor: E. Kegebein

Last day for refund: Mar. 28

Join us for a fun and creative acrylic painting class designed for both beginners and experienced artists! This hands-on workshop will guide you through the basics of acrylic painting techniques followed by engaging exploratory activities to spark your creativity. No experience needed. Come ready to explore, learn and have fun! A materials fee of \$25 is payable to the instructor the first night of class.

6 Wednesdays Apr. 2 - May 7 6:00 - 7:30 p.m. Kewanee CEC - Rm. 102 Fee \$60 In-Person Class ID 2546

BUSINESS TRAINING CENTER

BTC Registration Information

Address:

Business Training Center (BTC) Black Hawk College Bldg. 1 - Balcony 6600 34th Avenue, Moline, IL 61265

Business Hours:

Monday - Friday 8:00 a.m. - 4:30 p.m.

How to Register for BTC Classes

Online Registration - Visit www.bhc.edu/btc

By Phone - Call 309-796-5718 during business hours. Credit card payment is required.

By Mail - Send your completed registration form and full payment to the above address. Use the registration form on page 47.

By FAX - Fax completed registration form to 309-796-5261. Credit card payment is required.

Please do not email your registration form to BHC staff members.

Student Class Eligibility - Who Can Enroll

- Enrollment is open to anyone 18 years of age or older unless otherwise indicated in the description.
- Under certain circumstances, a student 17 years of age may enroll with special permission from the Director of the Business Training Center.
- Any questions, please call 309-796-5718.

Refund Policy

- Withdrawals must be completed by phone to the Business Training Center (BTC) Department at 309-796-5718.
- Refunds will only be issued if the student withdraws by the refund date indicated for the respective class.

Cancellation Policy

Without incurring obligation, Black Hawk College reserves the right to:

- Cancel classes due to insufficient enrollment.
- Change the time, date or place of class.
- Make other revisions in course offerings which become necessary.

In case of severe weather or emergency, classes may be postponed.

Announcements will be broadcast on local TV/radio stations, www.bhc.edu, and Facebook.



LEADERSHIP SUCCESS SERIES New



Transform your leadership potential and turn chance into change!

- Learn tips and strategies to develop your skills.
- Engage with peers and community leaders while developing essential skills for leadership success.
- Gain valuable and relevant information that you can use immediately in your workplace, no matter your position or role.

Spring 2025 Leadership Success Series:

1. January 24

Communicating for Superior Teamwork: Managing **Your Communication Style**

2. February 14

Principles of Authentic Leadership

3. February 28

Communication Excellence: Managing Performance With DiSC

4. March 21

Providing Feedback That Works

5. April 11

Coaching: Developing Others

6. May 9

Giving Recognition That Gets Results

All classes are 8:00 a.m. - 12:00 p.m. on Friday's. Cost: \$2,370 (per person, per seat. No substitutions) In-person Class ID 2332

- *Ask about grant eligibility.
- **Must attend all six sessions to receive a certificate of completion.

To register, call 309-796-5718 or email weissm@bhc.edu



Welding Class Testimonial

"The instructors were very good at wording/describing instructions, giving helpful advice, and making me even more confident in the field I chose to pursue. Will definitely recommend this course to peers."

Welding

PRODUCTION MIG WELDING

This is a 140-hour Production MIG Welding class designed to train individuals on how to work as a welder in a production setting. The first 25 hours are dedicated to gases, symbols, blueprints, math, and safety. The remaining 115 hours of class time are conducted in a weld lab area which involves hands-on experience with MIG Welding and the demonstration of proper use of materials. You must be in attendance and participate 95% of the time in order to receive a certificate from Black Hawk College.

*MIG Welding Equipment Required:

Welding Hood, Welding Jacket, Safety Glasses, MIG Welding Gloves (purchase 3 pair), Welding Beanie, Steel Toed Shoes, MIG Gun Pliers (Welper-Blue Handle) and a padlock for your locker. Clothing must be free of tears and rips.

*Equipment is purchased by the student.

Cost for each class is \$2,250 (class fee includes books)These classes do not qualify for financial aid.

Monday - Friday, January 21 - February 28

8:00 a.m. - 1:00 p.m. Class ID 2313, 2315 4:00 - 9:00 p.m. Class ID 2314, 2316 (No refunds after Jan. 6) (No class on Feb. 17)

Monday - Friday, March 17 - April 24

8:00 a.m. - 1:00 p.m. Class ID 2317, 2319 4:00 - 9:00 p.m. Class ID 2318, 2320 (No refunds after Mar. 3) (No class on Apr. 18)

WELDING PRACTICE

- · Are you testing for a welding job?
- · Do you want to refresh your welding skill?
- Do you have a particular weld you need to practice?

The BHC Weld Lab in Moline is available to you for practice. A qualified instructor will work with you one-on-one.

Here is what you do:

Call the Business Training Center at 309-796-5718 at least TWO days in advance and schedule a minimum of two hours of practice.

- \$50 per hour for BHC welding graduates
- \$100 per hour for all others

Non-refundable fees are due at the time of scheduling. Questions? Call 309-796-5718.

**NOTE: Online registration for this class is not available. Please call 309-796-5718 or email Christi Hughes at <a href="https://hughescoople.com/hughescoople

Payment can be made via credit card, check, or company approved invoicing.

REGISTER FOR BTC CLASSES

By mail or in-person:

(Use the registration form on page 47)

Black Hawk College

Business Training Center (Bldg. 1, Balcony) 6600 34th Avenue, Moline, IL 61265

Credit/Debit card is required for the following: By Phone: 309-796-5718 FAX: 309-796-5261

Online: www.bhc.edu/btc/

Business Training Center (BTC)

Water Program

BEGINNING DRINKING WATER CLASS C AND D

Instructor: Jason Upton Instruction will be live via Zoom.

This class prepares individuals for certification testing as a Class C and D Public Water Supply Operator. This class can also be taken to obtain continuing education credits for Class A and B certificate holders. Subjects include:

- Well and distribution system operation and maintenance
- Basic water flow hydraulics
- Chemical dosage mathematics
- Environmental Protection Agency laws
- · Chlorination and fluoridation

Following class, students are responsible for scheduling their own exam for the Drinking Water Operator Certificate through the Illinois EPA.

6:00 - 9:00 p.m.

Tuition Fee \$575

11 Mondays Feb. 3 - Apr. 21 Virtual Class ID 2308 (No refunds after Jan. 27) (No class Feb. 17)

Fee includes the book and shipping.

ADVANCED DRINKING WATER

CLASS A AND B **Instructors: Bob Bohannon** Instruction will be live via Zoom.

This course covers a majority of the significant procedures and concepts related to the operation and maintenance of Illinois Class A and Class B public water supply operations and will prepare students for the Class A and Class B water operators' IL EPA exam and certification. Students must meet specific experience, education, and examination requirements in order to qualify for certification. Eligibility requirements can be found on this website:

https://epa.illinois.gov

Following class, students are responsible for scheduling their own exam for the Advanced Drinking Water Operators Certificate through the Illinois EPA.

12 Tuesdays Feb. 4 - Apr. 22 6:00 - 9:00 p.m. Virtual Class ID 2307 Tuition Fee \$590 (No refunds after Jan. 28)

Fee includes the book and shipping.

Wastewater Testimonial

"The Wastewater course through Black Hawk College was a great experience and helped me a lot to understand not only the material, but gave me the extra boost to pass my Class 4 exam." - Joey R.

BEGINNING WASTEWATER CLASS 3 AND 4

Instructor: Lisa Perry

Instruction will be live via Zoom.

This course will help prepare you for the Class 3 and Class 4 wastewater operators' state exam and IL EPA certification. Applicants must meet specific experience, education, and examination requirements in order to qualify for certification. You will earn three months of on-the-job credit by completing this class and gain confidence in your abilities as you take this first step in moving up in this vital field.

Topics include:

- Introduction to wastewater
- Collection systems
- Lift stations
- Flow measurement
- Stabilization ponds
- · Sampling and laws governing treatment plants
- Chlorination

Following class, students are responsible for scheduling their own exam for the Wastewater Operation Certificate through the Illinois EPA.

11 Tuesdays Feb. 4 - Apr. 15 6:00 - 9:00 p.m. Virtual Class ID 2310

There are two fees:

Tuition Fee \$480 Book & Shipping \$115 (No refunds after Jan. 28)

****NOTE:** Online registration for this class is not available. Please call 309-796-5718 or email Christi Hughes hughesc@bhc.edu to register.

ADVANCED WASTEWATER CLASS 1 AND 2

Instructor: Lisa Perry

Instruction will be live via Zoom.

This course will help prepare you for the Class 1 and Class 2 Wastewater Operator state exam. Eligibility requirements can be found on this website: https://epa.illinois.gov. Topics that will be covered in class include:

- Activated Sludge
- Chemical Addition
- Digester
- Primary Treatment
- Pumps and Pumping
- Tertiary Treatment

Following class, students are responsible for scheduling their own exam for the Wastewater Operator Certificate through the Illinois EPA.

11 Thursdays Feb. 6 - Apr. 17 6:00 - 9:00 p.m. Virtual Class ID 2309

There are two fees:

Tuition Fee \$480 Book & Shipping \$115 (No refunds after Jan. 30)

****NOTE:** Online registration for this class is not available. Please call 309-796-5718 or email Christi Hughes at hughesc@bhc.edu to register

Production and Inventory Management

CERTIFICATE IN PRODUCTION AND INVENTORY MANAGEMENT

Instructor: Karen Schiebout

Instruction will be live via Zoom

Prepare for your APICS CPIM exam with expert guidance! The APICS Certified in Planning and Inventory Management (CPIM) provides a comprehensive body of knowledge, best practices, and standards to allow candidates to better respond to supply disruptions, respond to demand variations and manage supply chain risk. Earning the APICS CPIM demonstrates mastery of an organization's internal operations and an in-depth understanding of materials management, master scheduling, forecasting, production planning and how it applies across the extended supply chain.

Start your journey now by registering for the virtual CPIM prep course, which will take place from September to December. This class includes expert guidance, and the APICS CPIM Learning System. Fee includes all necessary materials

15 Wednesdays Jan. 22 - Apr. 30 Virtual Class ID 2312 (No refunds after Jan. 15)

6:00 - 9:00 p.m. Fee \$5,000





160 DRIVING ACADEMY TRUCK DRIVER TRAINING

160 Driving Academy partners with Black Hawk College

Train to earn your Class A Commercial Driver's License (CDL) and prepare for a career in the trucking industry, one of the fastest growing industries in the country. This course is designed for individuals with little or no commercial driving experience.

After successful completion of the four-week course, you will take the State of Illinois Class A test. With successful passing of the test, you will receive the Illinois Commercial Driver's License from the Secretary of State, a certificate from 160 Driving Academy and recognition from Black Hawk College.

CLASSES BEGIN EVERY MONDAY ALL YEAR LONG The course runs Monday - Friday, 8 am - 4:30 pm for 4 weeks. Classes are held at 160 Driving Academy, 1530

46th Ave., Ste 2B, Moline IL.Cost of the program:

- lowa resident total is \$5,157.00. This includes cost of permit (CLP), drug screen, DOT physical, and CDL test.
- Illinois resident total is \$5,195.00. This includes cost of permit (CLP), drug screen, DOT physical, and CDL test.
 Financial assistance may be available through grants, loans and discounts based on eligibility.

For more information, call Christi at 309-796-5718.

REGISTER FOR BTC CLASSES

By mail or in-person:

(Use the registration form on page 47)

Black Hawk College

Business Training Center (Bldg. 1, Balcony) 6600 34th Avenue, Moline, IL 61265

Credit/Debit card is required for the following: By Phone: 309-796-5718 FAX: 309-796-5261

Online: www.bhc.edu/btc/

American **Job** Center Employment and Training Scholarships

https://theamericanjobcenter.org Opportunity@AmericanJob.Center 309-429-6429

Business Training Center (BTC)

OSHA & Safety

FORK TRUCK OPERATOR SAFETY AND DRIVING TRAINING (4 HOURS)

Training Provider: H. Long / S. Goke / P. Ericson

This course meets the training requirements for OSHA standard 29 CFR 1910.178. The training consists of classroom instruction that covers the content of the OSHA standard, types and characteristics of forklifts, pre-operation inspections, basic driving, stability and load handling, fuels, batteries, and attachments. Driving practice and performance evaluation follows classroom instruction. The college will issue a Certificate of Completion.

Class ID	Day	Date	ate Time	
2321	Tues.	Mar. 11	8:00 a.m noon	\$130
2322	Thurs.	Mar. 27	noon - 4:00 p.m.	\$130
2323	Tues.	Apr. 8	noon - 4:00 p.m.	\$130
2324	Wed.	Apr. 23	8:00 a.m noon	\$130
2325	Thurs.	May 8	noon - 4:00 p.m.	\$130

^{*}Dates/time are subject to change as needed.

Fork Truck Class location: BHC Industrial Training Lab Extension Center (ITLEC), 3901 25th Street, Moline, IL (across from Courtesy Car City)

Please register for any class a week in advance.

To register, call Christi Hughes at 309-796-5718 or email hughesc@bhc.edu You can also register online at www.bhc.edu/btc/

Refund Policy for Fork Truck Classes

Call 309-796-5718 to withdraw at least five business days prior to the start of class

SAFETY SUMMIT

Thursday, March 13 8:30 am - 4:00 p.m. Black Hawk College Quad-City Campus

black Hawk College Quad-City Callipus

Demonstrate your organization's commitment to safety!

This event is designed for safety professionals, managers, supervisors, HR personnel, business owners, contractors, and anyone responsible for workplace safety.

Our keynote speaker, Greg Hass, President & CEO of Valley Construction, was recently honored in Safety and Health Magazine as a 2024 CEO who "Gets It" for his outstanding safety and health leadership.

Don't miss this valuable opportunity to stay informed, improve your safety practices, and network with industry leaders.

Register by visiting us at www.bhc.edu/btc/ or contact Christi at 309-796-5718 or by email at hughesc@bhc.edu to secure your spot!

OSHA 10-HOUR GENERAL INDUSTRY TRAINING

Instructor: Otis Bennett

Participants will learn the major provisions of the Occupational Safety and Health Act with an emphasis on hazard identification, avoidance, control, and prevention. Broader topics of discussion include: working and walking



surfaces, emergency plans and exit routes, safety data sheets and labeling program, electrical safety, personal protective equipment, hazard communication, lockout/tagout, machine guarding, record keeping, and other topics as required. Upon completion, the OSHA 10-Hour General Industry card will be issued.

 1 Tuesday
 Mar. 25
 8:00 a.m. - 4:00 p.m.

 1 Wednesday
 Mar. 26
 8:00 a.m. - noon

 Bldg. 1 - Rm. B13
 Tuition Fee \$595

In-person Class ID 2329

The Mar. 25 class will break for a 30-minute lunch on your own. Break times are also built into the day. (No refunds after Mar. 17)

OSHA 30-HOUR GENERAL INDUSTRY TRAINING

Instructor: Otis Bennett

The OSHA 30 Hour General Industry Outreach training program is designed for individuals who work in the general industry. This includes foremen, supervisors, safety directors, and other professionals who are responsible for worker safety on sites.

What is OSHA 30 General Industry Training?

The OSHA 30 program is designed to give students an extensive overview of OSHA compliance issues. This includes an overview of common hazards in the workplace, OSHA regulations, and the role of employers in employee safety and worker rights. Students will also learn how to recognize hazards, prevent them, and avoid them. Upon completion, the OSHA 30-Hour General Industry card will be issued.

Mon. - Thurs. Apr. 7 - Apr. 10 8:00 a.m. - 4:30 p.m. Bldg. 1 - Rm. B13 Tuition Fee \$1,495 In-person Class ID 2330

Classes will break for a 30-minute lunch on your own. Break times are also built into the day. (No refunds after Mar. 28)



Construction Training

HIGHWAY CONSTRUCTION CAREERS TRAINING PROGRAM (HCCTP)

Paul Fessler, Program Manager

The Illinois Department of Transportation created this program to prepare people to work in the building trades and to increase the number of minorities, women and disadvantaged persons working on IDOT projects.

This full-time, 13-week class covers math, job/life skills, blueprint reading, OSHA, stick welding, construction equipment operation, shop time and hands-on projects.

There is no cost to the program. Participants receive a stipend of \$15 per hour. They learn essential skills, with the goal of applying for and obtaining an apprenticeship in the building trades.

Requirements: seeking work in the construction trades, 18 years or older, high school diploma or GED, valid driver's license, drug-free (tested).

HCCTP graduates are working in these trades:

- Carpenters
- Laborers
- Cement masons
- Plumbers
- Painters
- Ironworkers
- Millwrights
- · Operating engineers
- Sprinkler Fitters
- Sheet metal workers
- Electrical workers







"My whole life, all I've ever wanted to do was construction. HCCTP helped me live my dream!" -Sonia Shepard

Sonia, Class 5, now a journey person in Carpenters Local #4. (Sonia is seen working on the I-74 bridge in Moline.)

Class starts on February 24, 2025

The application process requires several steps, beginning with attending an orientation session.

Register for a January orientation by going to www.bhc.edu/hcctp All orientations are held at Black Hawk College, Bldg. 1, Rm. B-13, 6600 34th Ave., Moline, IL

Register online at <u>www.bhc.edu/hcctp</u> or call Paul Fessler at 309-796-5729.





INVESTING IN HUMAN POTENTIAL

foundation.bhc.edu

Follow and like us on









to stayed informed about what is happening on and around campus.

For more information, call 309-796-5052.

"School has been a place of growth and enrichment, college especially. My time after high school have been moments that I will carry the rest of my life. The scholarship opportunities I have been given reassures me that the financial burden on my father isn't so heavy, and that in and of itself, helps to keep me going and to pursue my dream in engineering.

Kevin Notter
 Erwin Johnson Memorial Scholarship and
 Martin E. Hayes Physics/Engineering Scholarship

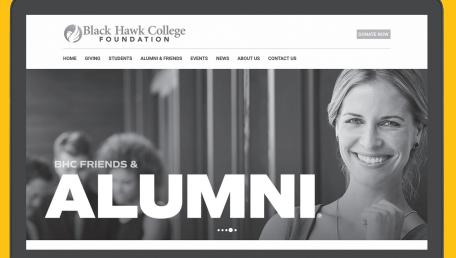




We want to connect with you!
We are updating our alumni records
and would like to hear from you.

To update your alumni profile, scan the QR code or visit **foundation.bhc.edu**.





Registration Information

Address:

Professional and Continuing Education (PaCE) Black Hawk College - Outreach Center 301 Avenue of the Cities, East Moline, IL 61244

Business Hours:

Monday - Thursday 8:00 a.m. - 5:00 p.m. Friday 8:00 a.m. - 4:30 p.m.

How to Register for PaCE Classes

Online Registration - Visit www.bhc.edu/pace

By Phone - Call 309-796-8223 during business hours. Credit card payment is required.

By Mail - Send your completed registration form and full payment to the above address.

By Fax - Fax completed registration form to 309-796-8282. Credit card payment is required.

Please do not email your registration form to BHC staff members.

Fees

- Full payment of fees is due at the time of registration.
- Make checks payable to Black Hawk College.

Hawk's Hub (Bookstore) 309-796-5500 Building 1, Lower Lobby, 6600 34th Ave., Moline

Monday - Friday 8:00 a.m. - 5:00 p.m.

For more information go to www.bhc.edu/bookstore

Equal Opportunity Notification

Black Hawk College will make all educational and personnel decisions without regard to race, color, religion, gender, sexual orientation, marital status, national origin or ancestry, age, physical or mental disability unrelated to ability, or status as a disabled veteran or Vietnam era veteran, except as specifically exempted by law. Coordinator for compliance is the Director of HR. Located in Building 1, Room B7. Phone 309-796-5222 or email hr@bhc.edu.

Resources for Students with Disabilities

The information contained in this publication is available in alternative formats upon request. A one-week advance notice of accommodation needs is recommended. If you will need accommodations due to a disability (e.g. Sign Language Interpreter, special seating) to participate in any BHC activity or program, please contact Disability Resources & Access (309) 796-5900.

Student Class Eligibility - Who Can Enroll

- Enrollment is open to anyone 16 years of age or older unless otherwise indicated in the description.
- Under certain circumstances, a student 15 years of age or younger may enroll with special permission from the instructor.
- Any questions, please call 309-796-8223.

Refund Policy

- Withdrawals must be completed by phone to the Professional and Continuing Education (PaCE) Department at 309-796-8223.
- Refunds will only be issued if the student withdraws by the refund date indicated for the respective class.

Cancellation Policy

Without incurring obligation, Black Hawk College reserves the right to:

- · cancel classes due to insufficient enrollment.
- change the time, date or place of class.
- · make other revisions in course offerings which become necessary.

In case of severe weather or emergency, classes may be postponed.

Announcements will be broadcast on local TV/radio stations, www.bhc.edu, and Facebook.

The College is Closed the Following Days:

January 20 - Martin Luther King Jr. Day

February 17 - Presidents' Day

April 18 - Good Friday

May 26 - Memorial Day

June 19 - Juneteenth

Facility Locations

www.bhc.edu/about-us/maps-locations/

- Black Hawk College Outreach Center (Outreach) 301 Avenue of the Cities, East Moline
- Black Hawk College (Bldg. 1, 3, and 4) 6600 34th Avenue, Moline
- Black Hawk College Adult Learning Center (BHC ALC)

4610 Black Hawk Commons Drive, Rock Island

 Black Hawk College - Community Education Center (CEC)

404 E. 3rd St., Kewanee

Other Locations:

 Quad City Botanical Center 2525 4th Ave., Rock Island

	Credit Card # _			Exp. Date	Security #	
	Cardholder information needed if different than below.				Month Year	(Code on back of the card)
Black						
Hawk College						
Social Security # o					Hispanic or Latino Ethnici	
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					(35) High School Diploma	(60) Masters Degree (70) First Professional
					(39) Some college	Degree(80) Doctorate Degree
					(No degree)(40) Certificate	(85) Other
					(45) Associate Degree	(90) None
					Employment Status:(01) Full Time - 40 hrs	(03) Part Time -15 hrs or less/week
Date:	Rec'd By:	Processed:			or more (02) Part Time - over	(04) Homemaker (05) Unemployed
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Phone:		_ Email:			(06) Pursue non-career, (08) Other or unknown	personal interests
Class ID		Class Title		Amount Due	Highest Degree Previously	Earned:
					(30) GED (35) High School	(50) Bachelors Degree (60) Masters Degree
					Diploma	(70) First Professional
					(39) Some college (No degree)	Degree (80) Doctorate Degree
					(40) Certificate (45) Associate Degree	(85) Other (90) None
					Employment Status:	(03) Part Time -15 hrs
					(01) Full Time - 40 hrs or more	or less/week (04) Homemaker
Date:	Rec'd By:	Processed:		Total Due	(02) Part Time - over 15 hrs/week	(05) Unemployed (06) Retired/Other

Cash:_

Check#

Charge:

BLACK HAWK COLLEGE 6600 34TH AVE MOLINE IL 61265-5899

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Professional and Continuing Education



Look inside for a list of our upcoming classes.

Visit our website: www.bhc.edu/pace.

Empowerment Through Awareness

Mental Health Conference

March 14, 2025 8 a.m. to 4 p.m.

Black Hawk College 6600 34th Ave., Moline, IL Building 1, Room 308

Public: \$40 Registration Fee
BHC College Credit Students: \$20 Registration Fee
Registration Fee includes light breakfast, lunch and

a professional certificate of attendance.

Join us for "Empowerment Through Awareness", a conference dedicated to promoting mental health and well-being.

Learn about holistic approaches, brain and body health, suicide awareness, and much more from experts and local community leaders.

See page 8 for more details.



CommUniversity 2025

Feb. 2, 9, 16 & 23

2 - 4 p.m.

Program Fee \$40

See page 4 for more details.



April is Community College Month!

To celebrate, PaCE is offering free and discounted opportunities!

See page 3 for more details.